

THE GREEN ISSUE



11 Vegan feelings

13 What's your
cannabis
footprint?

23 Slacking
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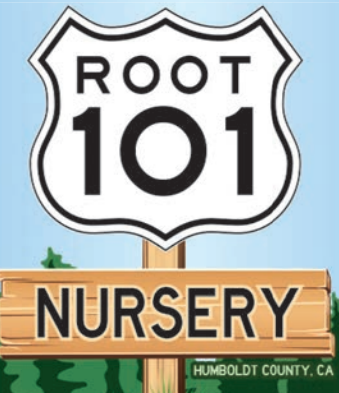
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Contents

5 Mailbox

5 Poem

Swift thou shouldst
be living at this hour

9 News

The Butterfly Effect

11 Guest Views

Hypocrisy Now!

13 Week in Weed

Cannabis and Carbon

15 NCJ Daily

16 On The Cover

'Grab it by the Horns'

22 In Review

Timber War Stories

23 Get Out!

Humboldt Slackers

23 Home & Garden

Service Directory

28 Down and Dirty

Turning the Page on Native Plants

32 Table Talk

A Hearty Belgian Mash

35 The Setlist

4 + 20 More

36 Music & More!

Live Entertainment Grid

40 Calendar

47 FilmLand

Escape/Escapism

49 Workshops & Classes

53 Field Notes

Bad Sea Rising, Part 2 of 2

54 Sudoku & Crossword

54 Classifieds



Shail Pec-Crouse, owner of Tule Fog Farm with her husband, Sean Armstrong, leads her Kunekune pigs to dinner. Read more on page 16. Photo by Laura B. Johnson

On the Cover

Fake cake and photo by Holly Harvey

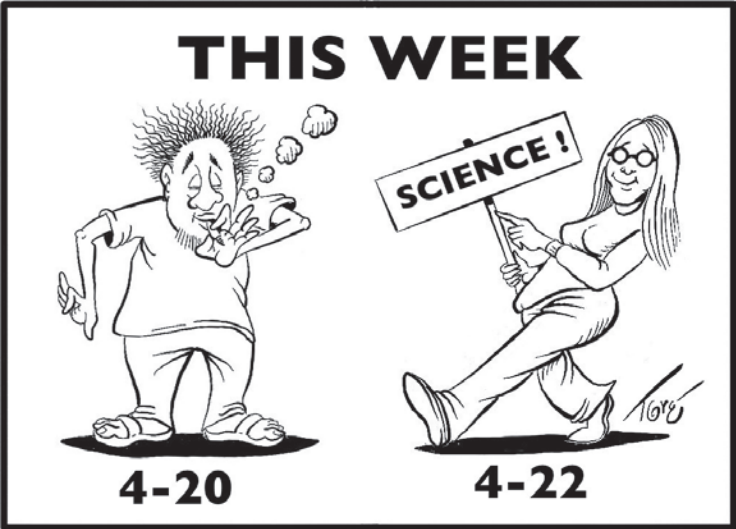
Tough to Defend

Editor:
Thank you for your efforts to keep us taxpayers informed regarding the hiring of the public defender for Humboldt County (NCJ Daily, April 13). Your coverage underscores the crucial necessity of a free press and I appreciate your persistence.

Also, I commend the deputy public defenders and non-legal staff who have demonstrated their commitment to us taxpayers by communicating what they are seeing and experiencing as they attempt to do their jobs. I am sure it is very stressful to work for someone who is not up to the requirements. It cannot be easy for an employee to sign onto a letter stating the incompetence of their leader. I don't know what I would do in a similar situation because the risks of losing income and health insurance hits hard. I am inspired by their courage, and I thank them.

Finally, I must say I am very disappointed in Supervisor Rex Bohn. His remarks, as provided in the transcript of his visit to the KINS radio show ("Supes Evaluate Public Defender as His Office Sends Another Blistering Letter," posted online April 11), indicate he is not practicing due diligence in his job. Supervisor Bohn stated that he does not understand the law that provides the criteria for hiring a public defender, "... I don't know if that means he has to start in San Diego courts and work his way up to

Continued on next page »



Terry Torgerson

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Mailbox

Continued from previous page

get this."

If Supervisor Bohn did not understand, why didn't he ask for clarification? It is his obligation to find out what the law means and to abide by it. It is not acceptable for a public servant to decide that he doesn't have to follow a law he does not understand. I suggest Supervisor Bohn use the resources available (Internet, legal staff) to investigate what laws mean and if that is not something he can do, perhaps he should resign.

Sheila Evans, Eureka

Editor:

From the beginning the process of hiring David Marcus has bothered me. Now it is an outrage. Supervisors Rex Bohn and Estelle Fennell need to set aside their foolish pride and make right the horrible selection they are so stubbornly clinging to with David Marcus as the county public defender.

They made a choice they can't even back up with anything credible. It's embarrassing and a huge slap in the face to all those working in that office. How dare they pretend to know better than the attorneys and the non-attorney staff!!

Holy Crap! Does it really take a lawsuit for reason to be reached?

Kathryn Travers, Eureka

Editor:

The Board of Supervisors has hired a scoundrel to lead the public defenders and he has not garnered rave reviews. Mr. David Marcus has been accused of incompetence in a statement signed by the nine deputy public defenders who work under him, and in an additional letter signed by eight of his staff members. They think that he is doing such a terrible job that they are willing to put their jobs on the line. These actions are a blistering vote of no-confidence in the leader that was chosen for them by the supervisors.

On April 11, the Supervisors held a second special meeting to reconsider the hiring of Mr. Marcus. They decided to keep him. Shortly afterward, Mr. Marcus allegedly verbally abused one of his employees to the extent that she felt threatened, and filed a police report. No crime was committed, but the employee wanted to be on record, in case it happened again.

It is only a short hop from uncontrolled anger to aggression. His verbal abuse of a member of his staff crosses a black and blue line, and he should be terminated immediately as the chief public defender. His incompetence and his anger issues are

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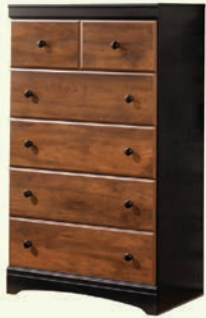
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Continued from page 6

severely demoralizing the deputy public defenders, and jeopardizing the legal advocacy of its clients. Failure to replace him indicates that the supervisors don't support the public defender's office, and that they are satisfied with his far from stellar performance.

Marilyn Andrews, Arcata

Editor:

What is at stake with the hiring of David Marcus is no less than the very

lives and liberty of our fellow Humboldt County citizens.

The local press, including the *North Coast Journal*, have been responsible in covering this travesty of justice, and most of us can well determine that Mr. Marcus' competence is in question. What is not in question is the clear incompetence of the Board of Supervisors, who would mis-spend our limited taxpayer dollars while putting our freedom and constitutional rights in jeopardy.

I can only hope the voters of Humboldt County will not have forgotten this fiasco on Election Day, June 5, 2018.

Richard Salzman, Arcata

Foul Ball

Editor:

On KINS last week, County Supervisor Rex Bohn defended the supervisors' hiring of public defender David Marcus ("Let's Talk About Rex," April 13). Rex said he met

with Marcus one-on-one and heard from attorneys who say that Marcus is doing a good job.

Fair enough.

What wasn't fair was Rex saying that the weekly newspapers reporting on the controversy are making things up. "They have to sell newspapers [so] they can't just say, 'This guy is great.' So they say, 'This guy is not great, because we said so.'"

I've known and worked with the people who write and edit the *North Coast Journal*, *Mad River Union* and other local weeklies for many years. They don't make up facts or stories to sell newspapers. They're devoted to fair, accurate, honest reporting.

Editors sometimes write editorials where they go beyond reporting and express opinions. *North Coast Journal* Editor Thadeus Greenon, for example, has expressed critical opinions about Marcus in his editorials.

But Rex didn't argue on those points. Instead, he dismissed Greenon and other local editors as people who make stuff up, who lack ethics and integrity.

I know we're used to hearing politicians exaggerate and speak casually but it's no trivial matter for one of the top elected officials in the county to accuse local newspapers of making up controversies in order to get readers.

I would add that KINS host Brian Papstein dropped the ball when he failed to question or challenge Rex's claims.

Jim Hight, Eureka

Earthquake stories wanted

Two Days That Shook Humboldt: With the 25th anniversary of the Cape Mendocino earthquakes coming up next week, the *Journal* invites our readers to share their memories of those two days in 1992 when it almost felt like the earth would not stop moving.

The magnitude-7.2 temblor followed by a series of strong aftershocks, including a 6.5 and 6.6, caused millions of dollars in damage and brought new attention to the immense power of the Cascadia Subduction Zone lurking off our coast.

To submit your story or pictures of the aftermath for our April 27 edition, please email newsroom@northcoastjournal.com by 10 a.m. on Monday, April 24.

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The weekly deadline to be considered for the upcoming edition is 10 a.m. Monday. ●

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The Butterfly Effect

Could the entire city of Arcata become a certified wildlife habitat? These guys think so.

Story and Photos by Sam Armanino
newsroom@northcoastjournal.com

Daniel Viellieux stepped out onto the Arcata Plaza followed by his friend and partner Joseph Ferber. The pair walked counter clockwise around the square and pointed to different plant species featured in raised garden beds surrounding the square. They stopped at one corner and began to pull weeds as they discussed their shared dream.

Ferber and Viellieux are continuing a movement to make the entire city of Arcata a certified wildlife habitat. They both work seasonal jobs, in forestry and parks, but their true passion stems from two years spent in the California Conservation Corps.

The two friends, both in their mid 20s, are starting a business to turn Arcata back-

yards and gardens into Certified Wildlife Habitats. By 2020, the two hope to have about 25 percent of the city certified. By 2025, if they get enough community support, they hope to see almost the entire city certified, recognizing that the biggest challenges are outreach and getting people to accept change.

Sitting on the plaza, Viellieux double-checked different plant species. He gripped a weed with his right hand and pull it up by the base. On his upper arm there is a humming bird tattoo in remembrance of the grandmother who raised him. The two landscaping buddies met while serving in the Conservation Corps, which they credit with pushing them toward life of conservation.



Friends Daniel Viellieux and Joseph Ferber have big plans to convert Arcata into a certified wildlife habitat.

“As future leaders in the next generation we are just hoping to do our part,” Viellieux said.

Ferber grew up in Minnesota and after he graduated from Minnesota State University with a degree in environmental science, he joined the Conservation Corps there and again in California.

Ferber said one problem with having non-native plant species in your garden

is, while it may look pretty, you’re not actually contributing anything to the local landscape other than aesthetics. To create a city that is also a working ecosystem, it’s important to have plants that support the insects, which support the birds. Ferber and Viellieux said butterflies and bees are facing huge challenges and barriers locally, in part because of the abundance of

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News

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Viellieux pulls a plaza weed.

non-native plants.

"If you're on the North Coast, why wouldn't you want to be surrounded by the native North Coast plants?" Viellieux asked.

For now, the two are bootstrapping the budding business, using all their own equipment. But they said the vision is to bring together ex-Conservation Corps members to help transition Arcata's yards and open spaces.

Ferber and Viellieux's main source of inspiration comes from a local corps crew supervisor, who has worked with the National Wildlife Federation multiple times and started certifying Conservation Corps' campuses.

CCC conservationist John Griffith said when you're in the corps you do a lot of restoration work in other places, but most never really think about restoring their own land.

According to Griffith, who has been a conservation crew supervisor for 15 years, a large percentage of species in Arcata are from Asia, which doesn't make any ecological sense. He said Ferber and Viellieux's work is important because it brings conservation workers into the workforce without them losing their sense of purpose as well as helping local wildlife.

"Not a lot of towns or cities are friendly to wildlife, but they could be," Griffith said.

The pair have already worked in partnership with the city and local organizations, but plan to focus on getting commercial land and parks certified. "It's just such a simple way to help wildlife and it's so important," Griffith said.

There are a few things a property needs to provide local wildlife in order to earn the certification: food, water, cover and a place to raise young and sustainability. The property also needs to be sustainably landscaped. When a property meets these goals, it can be certified as a wildlife habitat through NWF.

While the list of requirements may seem daunting, it doesn't have to be complicated. A water tray or birdbath can provide the needed water source. A log, fallen tree or bush can give wildlife the shelter

needed to hide from humans, predators or inclement weather. And a simple nesting box can provide wildlife space to raise their young. But, most importantly, it's the native plants that provide a food base for bees, butterflies, birds and other animals that may use a backyard as a sanctuary.

The whole application process takes place on line, through the NWF website, which provides a self-reported checklist. And while Ferber and Viellieux have helped certify properties as large as the Jacoby Creek Land Trust, no property is too small for the designation.

"You don't need a yard or a large piece of land, you just need a porch or a pot to make a difference," Griffith said.

As Griffith notes, something as small as a flower box can earn the certification, so long as it meets the criteria. Started in 1973, the Garden for Wildlife program is aimed at not only certifying properties, but also educating people and connecting them with their local ecosystems.

According to its website, the NWF has certified more 200,000 spaces that add up to 1.5 million acres of land. The NWF provides help guides and instructions. But for those unsure of what to do or who need some guidance and are willing to pay for the labor, Ferber and Viellieux said they will pay for the plants needed to certify a yard, ensuring it has a symbiotic relationship with surrounding wildlife.

"It all starts with native plants," Ferber said, adding that planting natives also means a garden will need less watering and support.

"We have to be aware of all of the little things that have a huge impact," Viellieux said.

Ferber and Viellieux see the certification as a way not only to help out the local ecosystem but also the global one. Fighting climate change, they said, should start in your own backyard. ●

Sam Armanino is a journalism major at Humboldt State University and the Journal's former editorial intern. Reach him at sam@northcoastjournal.com and follow him on Twitter @SamSva32.

Hypocrisy Now!

Why going vegan is the single greenest thing you can do

By Rhiannon Ferriday
newsroom@northcoastjournal.com



Thinkstock

As residents of Humboldt County, we often pride ourselves on being environmentally conscious. Many of us are already taking steps toward living more sustainably. Perhaps you ride your bike (or kinetic sculpture) to school or work, take shorter showers or bring your water bottle wherever you go. Maybe you've introduced a compost bin into your household or started a vegetable garden. You might even go above and beyond by unplugging the toaster when it's not in use. But what if I told you that you could still cut your ecological footprint *in half* by changing just one more thing about your lifestyle?

At the start of my freshman year at Humboldt State University, I thought I was doing almost everything I could to minimize my impact on the environment and its inhabitants. I was an avid recycler, would walk to town whenever I could and made a point to pick up stray garbage wherever I saw it. However, after watching the documentary *Cowspiracy*, my perception of environmentalism was forever changed and I was forced to question the lies that I had (literally) been fed most of my life. For example, I learned that animal agriculture — the practice of breeding and raising animals for the production of animal products — is responsible for more than 51 percent of all greenhouse gas emissions, according to a recent study, while the entire transportation sector (planes, trains, cars, etc.) is responsible for only 14 percent. In addition to this, I also learned that animal agriculture is responsible for 91 percent of Amazon rainforest destruction and that it uses 55 percent of all of the water consumed in the U.S., while private

homes only use 5 percent. Is this information as alarming to you as it is to me? In a society where individuals are criticized for watering their lawns or washing their cars, why are most people still supporting the largest contributor to greenhouse gas emissions, rainforest destruction and ocean pollution?

These shocking figures really made me question why environmental agencies like Greenpeace, the Pacific Institute and the Sierra Club aren't doing more to stop animal agriculture from completely destroying the planet. The answer: Organizations like these are most concerned with maintaining their public image and funding — even when they receive donations from the same corporate farming agencies causing this environmental damage in the first place.

By now, I'm sure you're asking yourself where you fit into all of this and (hopefully) how you can help. As consumers, each of us has the power to vote with our money and, when a company or place of business is unethical, we have the choice to boycott it. Today, animal agriculture poses an enormous threat to the environment. If we don't stand up against its immoral practices, it will continue to pollute, destroy and take advantage of the earth and its limited resources. The best way you can help fight animal agriculture is by not supporting it, and this means going vegan.

Having been vegan for almost three years now, I often hear people say that one person can't make a difference. However, according to the *Cowspiracy* documentary, the average vegan saves about 1,100 gallons of water, 45 pounds of grain, 30 square feet of rainforest and the equivalent of 20 pounds of carbon dioxide

every single day, so I think it is safe to say that one person *can* make a difference and that the power of the individual should never be underestimated.

So next time you're out grocery shopping or ordering from a restaurant, please think twice about the environmental impact of your food. I think you'll find that eating a plant-based diet is affordable, healthy and delicious. Not to mention, you can feel good about halving your ecological footprint and saving animals, too! As Albert Einstein reportedly once said, "Nothing will benefit human health and increase the chances for survival of life on Earth as much as the evolution to a vegetarian diet."

If you're interested in learning more about veganism and its many benefits, please feel free to stop by the HSU Vegan Club. The club meets every Friday from 1 to 2 p.m. in Nelson Hall East, room 118, on campus, and you don't have to be a student to attend. There's also a Facebook group called "Vegans in Humboldt" that holds monthly vegan potlucks for community members. Furthermore, if you're looking for something to watch, the movie *Earthlings* is a great source of additional information. ●

Rhiannon Ferriday is a Humboldt State University student and the campus representative for The Humane League, a non-profit devoted to reducing animal suffering.

Have something you want to get off your chest? Think you can help guide and inform public discourse? Then the North Coast Journal wants to hear from you. Contact us at editor@northcoastjournal.com to pitch your column ideas.

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Cannabis and Carbon

By Thadeus Greenson

thad@northcoastjournal.com

You may drink your locally sourced tea out of a Mason jar, have gone vegan and hung up your car keys in an effort to combat climate change, but have you estimated the carbon footprint of that dab?

Let's break it down. The average dab — a form of highly concentrated cannabis — contains about 10 milligrams of THC. If that dab is made from weed grown indoors under lights, the weed used to make it was grown using about the same amount of electricity as it would take to keep a 100-watt light bulb on for almost two hours, according to a landmark 2011 study by energy scientist Evan Mills.

So that dab that you just puffed in a few seconds — it's the product of a process that put about a third of a pound of CO2 into the atmosphere. And that's just a crude estimate that doesn't take into account the butane used to concentrate the THC, or energy needed to transport the marijuana from where it's grown to where it's concentrated to the dispensary where you purchased it.

So yeah, it's time to wise up to the carbon footprint of marijuana and — if you care about things like climate change and sea level rise — start buying stuff grown out in the sun.

As weed goes legal in varying phases across the country, folks are paying more attention to the environmental consequences. While most of the local headlines that combine the words "environment" and "marijuana" have focused on the dewatering of streams and rivers, and the polluting of wildlands, there's also a growing body of evidence regarding the industry's massive energy footprint.

A 2016 study by New Frontier, a data analysis firm, found that marijuana production accounts for 1 percent of the nation's electrical usage — a staggering amount equal to that used by 1.7 million average American homes. This, to grow a weed.

Now, I understand there are legitimate reasons that some truly sick people feel like they need medical marijuana grown indoors in a highly controlled environment.

But for the vast majority of patients and users, there's simply no reason good old fashioned, sun-grown cannabis can't get them the relief — or the high — they're looking for.

But the reality of the situation is that growers all over the nation will continue putting cannabis under massive lights, hooked up to hydroponic and climate control systems simply because it's profitable, allowing them to grow in regions with inhospitable climates or to turn up to four harvests a year.

And, lest you think this is some Denver problem, know that it's happening right here in Humboldt County, where "mixed-light" greenhouses are the rage and, in some cases, really just serve as tax shelters for huge indoor growing operations.

Like it or not, the weed industry has gone corporate and — like any other fixture in corporate America — the only surefire way to get its attention is to hit its bottom line.

So if you've eschewed animal products and fossil fuels, but really like to get high, you're going to need to start doing your homework: Talk to your dispensary or your farmer. Ask them where their products came from and how they were grown. Then put your money where your mouth is and buy accordingly, insisting on sun grown. There's no question the industry can retool to meet the demand of an educated, environmentally conscious customer base just as others have.

Many in Humboldt County have decided that the future of the planet is more important to them than having a steak dinner, the convenience of a big box store or driving that Hummer down to the supermarket.

Now they also have to ask themselves if it's more important than that next dab.

●
Thadeus Greenson is the news editor at the Journal. Reach him at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

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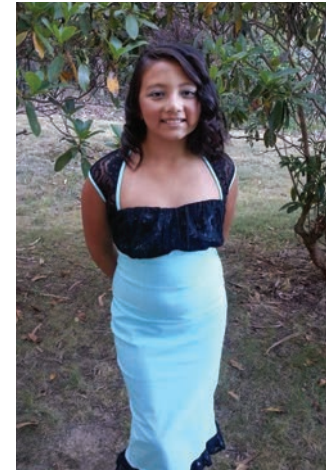
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Meet Our Neighbors: Nellie Johnson



Nellie Johnson started working at Murphy's Market as a 15-year-old and worked until she graduated high school in 2002. After high school she moved away, but returned in 2006 to attend Humboldt State and be

near her parents. She graduated with a bachelor's degree in Child Development, but now works in the medical field at North Pacific Dermatology.

Now a wife and mother of three, Nellie has fond memories

of working at Murphy's. "I loved working there, everyone was like a family. We also had the best Christmas Parties," explains Nellie. "I still shop at Murphy's nearly everyday with my husband, Kintay, and kids. Everywhere I go

I still recognize and see familiar faces from my days at Murphy's."

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Witnesses Sought in Fatal Stabbing

The Arcata Police Department is continuing to urge witnesses to the fatal April 15 stabbing of Humboldt State University sophomore David Josiah Lawson to come forward and cooperate with the investigation.

“The reality is a 19-year-old young man lost his life and it’s terrible and tragic and horrific and I think if anyone has evidence or information, they have a duty to come forward,” said APD Chief Tom Chapman.

Chapman said his department is especially keen on speaking with whoever sent it an anonymous email April 18 that provided a first-hand account of the stabbing.

“There were some specifics (in the email) that certainly keyed for me that, if it’s legitimate, we need this person to come forward,” Chapman said. “They are a key eye witness and potentially a very valuable piece to this investigation.”

Police responded to a house party on the 1100 block of Spear Avenue at about 3 a.m. and found Lawson bleeding from multiple stab wounds. He later died at a local hospital and Kyle Christopher Zoellner, a 23-year-old McKinleyville resident, has been arrested and accused of his murder.

Chapman said investigators believe the stabbing came during a fistfight between

“multiple parties,” including Zoellner and Lawson. It was the second fight of the night involving Zoellner, Chapman said, though Lawson was not believed to have been involved in the first. The fights appear to have broken out surrounding accusations of a cell phone theft, Chapman said.

There’s no indication the two men knew each other prior to the house party, Chapman said. Because Lawson was black and Zoellner is white, Chapman said APD is investigating whether any aspect of the incident may have been racially motivated, adding that the department has not made any determination at this time.

“We have a white male who stabbed and killed a black male — I think it’s prudent and logical to look at race as an issue, and I think it absolutely is and should be a part of our investigation,” Chapman said.

Chapman said he’s heard concerns raised about the emergency response to the 911 call that came in reporting the stabbing that night, and specifically that medical assistance was slow to arrive on scene. Chapman said he shares these concerns and plans to investigate and address them when appropriate.

“I have heard concerns about the timeliness of the police response and the response of medical aid and fire, and I

Cannicontest



Under the watchful eye of the Plant Re-Pot Hustle timer, Angus Funkhouser of True Humboldt wrapped up his re-potting of the pumpkin starts in the Humboldt Grow Games at Cannifest on Saturday, April 15. More on the event at www.northcoastjournal.com. POSTED 4.17.17

— Photo by Mark Larson

share the same concerns,” he said, later adding that the call came into dispatch at 3:02 a.m. and APD had officers on scene a minute later. “However, the focus of APD right now is the criminal investigation into

Zoellner and assuring that the person responsible for David Lawson’s death is held accountable.”

— Thadeus Greenson

POSTED 04.18.17 READ THE FULL STORY ONLINE.

Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Fire in Hoopa: Three structures burned down on the Hoopa High School campus early on the morning of April 17 in what’s being investigated as a possible act of arson. The school’s choir room, auto shop and wood shop were all destroyed by the blaze, which broke out around 3:45 a.m. The three structures had been closed due to a mold outbreak. Read more at www.northcoastjournal.com POSTED 04.17.17

Hi, Brett: The Arcata City Council unanimously selected local business owner Brett Watson as its newest member after an April 13 forum that saw him and six other hopefuls answer questions. Watson will serve out the term of Mark Wheelley, who resigned in March to take a post as Fortuna’s city manager. Watson will hold the seat until December of 2018. Read more at www.northcoastjournal.com POSTED 04.14.17

Tragic Crash: A woman was killed and a mother lost her unborn child in a head-on collision on State Route 299 near Blue Lake on April 17. Yesenia Wood, 26, of Oroville, was driving her husband and five children to Manila when she drifted into into an oncoming Chrysler. One of the Chrysler’s passengers was killed and one of Wood’s daughter’s suffered major injuries. Read more at www.northcoastjournal.com. POSTED 04.18.17

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Digitally Speaking:

80

The percentage of retail shelf space on the Humboldt State University campus occupied by PepsiCo products under a contract between the soft drink giant and the university, under which the company forks over about \$58,000 in sponsorship fees in exchange for “pouring rights.” Some students are urging HSU not to renew the contract, saying it doesn’t fit the university’s stated ideals. POSTED 04.16.17

They Said It:

“It’s very frustrating.”

— Greater Eureka Chamber of Commerce Executive Director Don Smullin about a years-long conversation that has now resulted in the city considering shuttering the visitor center the chamber operates. The current contract between the city and chamber — which sees the city pay \$110,000 — runs out in June and the city is looking at other options. Read more at www.northcoastjournal.com. POSTED 04.17.17

Comment of the Week:

“... while i understand this particular writing is an editorial, it reads like a drunk facebook post. the issue deserves better, please.”

— “the supervisors arent listening” in a capitalization-averse comment on last week’s editorial, “Let’s Talk About Rex,” on the Journal’s webpage. Nonetheless, the commenter said he/she agreed with the editorial “111%” and urged us to “keep it up.” So we’ve go that going for us, which is nice. POSTED 04.14.17



'Grab it by the Horns'

Harnessing the environmental,
and political, power of our local food system

Eddie Tanner, owner of DeepSeeded Farm in Arcata, and his farm staff replant last season's dahlia tubers in the u-pick garden. CSA members who come to the farm to pick up their weekly share of produce can pick their own bouquet of flowers. "It turns into a fun community hub," Tanner said. "You're coming for your veggies but it's also just a wholesome, relaxing place to hang out."

Story and photos by Laura B. Johnson

newsroom@northcoastjournal.com

One of the many things that have been made abundantly clear since Jan. 20: Much-needed shifts toward environmental and community sustainability will not be coming from the top down. Not anytime soon.

In the last three months, the new administration in Washington has taken steps to nix protections for clean air and water, institutionalize climate change denial, deregulate toxic chemicals, decrease animal-welfare transparency, reverse course on clean energy and eliminate programs that support communities and vulnerable populations. And that's just the tip of the iceberg.

For those concerned about the environment, it is more apparent than ever that this country needs to make deep, drastic changes, and fast. But what if, rather than in Congress, this change could start in our daily lives, in our communities, with a collective rethinking of our relationships to the natural world and each other? What if it starts from the ground up, from the grassroots, from the soil?

Literally, the soil.

Whether we think about it or not, we interact with land, plants, animals and other humans every time we sit down for a meal.

"We're an agricultural society, but we're not agrarian anymore," explained Eddie Tanner, owner of DeepSeeded Farm in Arcata and author of *The Humboldt Kitchen Gardener*, while sitting at a picnic table in one of his greenhouses, taking a break from replanting last season's dahlia tubers.

"We've become more urban and suburban, but we're still totally dependent on the products of agriculture, and I think that in many people's daily lives there's not a lot of opportunity to connect with the food that we eat."

When food flows swiftly and abundantly from supermarkets and chain restaurants, produced obscurely in distant places, often processed and packaged beyond recognition, it's easy to lose sight of that connection. But that doesn't mean it's not there.

"The mainstream food system is not sustainable and not healthy in a number of ways," said Debbie Peticara of the North Coast Community Garden Collaborative (NCCGC) and Redwood Community Action Agency. "It depends on fossil fuels for producing, processing and transporting foods that we eat; it depends on cheap labor, often times in adverse work environments, and tends to disadvantage already disadvantaged communities. The health of farmers is also being impacted by the use of chemicals, and arguably the health of our population is being negatively impacted from eating these foods."

That's a lot to process, so let's back up for a minute. What exactly is going on, and how did we get here?

Over the last century, the number of farmers in this country has plummeted to less than 2 percent of the population, a drastic decline from the one-third of all Americans who farmed just 100 years

before. But if there are so few farmers, how do we have so much food?

Many of the farms remaining today grew from diverse family-scale farms to bloated industrial ones producing fewer products in much larger quantities, destined not for their communities but for national and global markets driven by fossil fuels. According to a 2011 Food and Agriculture Organization (FAO) of the United Nations report, the food sector accounts for approximately 30 percent of global energy consumption and is responsible for more than 20 percent of greenhouse gas emissions.

Like climate change, this food system is global — industrial, corporate food is simultaneously exported to and imported from other countries, giving our supermarket shelves the impression of limitless bounty, freed from the constraints of geography, seasonality and nature itself. But nature thrives through diversity, not monoculture, and so to grow in this homogenous way farmers rely on chemicals that deteriorate the soil and pollute air, water and even the bodies of human and other living beings.

The goal in this global system is efficiency and profit, producing as much as possible with the least amount of land, labor and care. The labor involved is often performed by the most vulnerable; many undocumented immigrants seek work in American fields or factories, where they often face exploitation, abuse and exposure to toxic chemicals.

Much of the food grown synthetically

on these industrial farms isn't even fit for human consumption — it's destined for feedlots that raise livestock in confinement, providing the meat and dairy products that we so eagerly consume. Americans eat more meat than most other countries in the world, according to the FAO, and meat has more of an environmental impact than any other food product.

"In America, most of our beef is grown in feedlots where the cattle are fed mostly corn," said Shail Pec-Crouse recently, amid her evening farm chores feeding animals, moving them to new pastures and collecting goose eggs on Tule Fog Farm in Arcata, which she owns with her husband Sean Armstrong. "And corn is not good for them, it tends to make them sick. So because they're eating almost exclusively corn and they're in a high concentration of animals, they get fed a lot of antibiotics to keep them healthy."

When humans then eat meat from these animals, they also consume these antibiotics, she explained, as well as the pesticide residue from the industrial feed the animals were fed.

"Cattle evolved to eat grass," Pec-Crouse continued. "They do it really well, they're great at converting grass into muscle, and grass-fed beef is lower in saturated fat, it's lower in cholesterol, it's got a better Omega 3-Omega 6 balance, and animals don't require much chemical input because they stay healthier on a grass diet."

Tule Fog Farm raises grass-fed and



Kunekune pigs await dinner on Tule Fog Farm in Arcata Bottoms. A small, friendly breed from New Zealand, these pigs thrive on grass and help divert food waste by eating kitchen scraps from local restaurants.

pastured animals organically for meat, milk and eggs, available through their community supported agriculture (CSA) program. (CSA is a model employed by all the farms featured in this article in which folks agree to financially support farmers over the course of a season in exchange for a weekly share of the farm's bounty.)

Pasture-raised animals significantly reduce the environmental impact of meat products, not to mention the ethical costs of their brutal treatment in the industrial system.

"Growing grains for animal consumption requires a lot of fossil fuels," she said. "The conversion ratio is really low, you have to feed generally three to 10 pounds of corn per pound of meat, whereas grass takes very little tracting, very little fossil fuels, the animals gather the food themselves, and so there's a lot less climate impact with grass-fed meats."

When buying meat and dairy products in the grocery store, Pec-Crouse encouraged consumers to look for labels like "grass-fed" for beef and "pastured" for pork and poultry products.

"Pastured means they actually get to go outside on the pasture," she said, explaining that labels like "cage free" and "free range" are shallow and mostly meaningless, prone to greenwashing by corporations playing to consumer demand for more sustainably, ethically produced meat, eggs and dairy products.

And for good reason, according to Melanie Cunningham.

"(The vast majority) of the meat consumed in our country is produced in a way that if most people actually had the visceral experiences of being in a chicken factory or a feedlot, they wouldn't support it," said Cunningham, who, along with her husband Kevin, owns Shakefork Community Farm in Carlotta, just beyond the reach of Humboldt's coastal fog.

"We're so distanced from it that we can just go on and eat it and think, 'How bad can it be?' Well, it can be really bad."

The solution to this disconnect from our food and where it comes from is complicated but one of the most meaningful ways people can begin to affect change is to engage with their community food system, even just a little bit. And luckily, we have a vibrant one.

"Our local food system is incredibly strong," said Portia Bramble, executive director of the North Coast Growers Association (NCGA), which operates farmers' markets in Arcata, Eureka, McKinleyville and Willow Creek. "We're much more self-reliant and truly local and self-sustaining than you find almost anywhere else in northern California or the state, and that's really because of the density of farmers that we have such an abundance of local produce."

Farmers like those highlighted in this story are mindful of their impact on the land, prioritizing agro-diversity, symbiotic relationships and care for the plants and animals they cultivate, and the community they feed.

"We're a good example of scaled-up permaculture," said Cunningham of Shakefork Community Farm, which grows coastal veggie staples via regenerative practices, sold at farmers' markets and through their 120-member CSA program. They also raise lamb and chickens for meat and eggs, and plan to sell beef and turkey in the future.

"One of the reasons we have so many livestock is we do a lot of on-farm composting, closing the fertility loop and providing for our own fertility needs with manure produced on the farm," Cunningham said. Many small farmers, even organic ones, purchase fertility amendments from outside sources, often derived from factory farms, she explained. "When you bring in composted chicken manure from a factory farm, you (perpetuate) this on-going connection with the kind of farming you're trying to get away from."

Back at Tule Fog Farm, Pec-Crouse echoed this sentiment, saying they raise

Continued on next page »

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On the Cover

Continued from previous page



Melanie Cunningham, who owns Shakefork Community Farm with her husband, Kevin, sells eggs and spring produce at the Arcata Farmers' Market in early April. The farm grows vegetables, berries and flowers on 5 acres for its 120-member CSA program and local farmers' markets in Arcata, Fortuna and Garberville.

pastured animals, in part, to avoid the necessity of purchasing outside inputs. Her farm also incorporates animals as a food waste diversion project.

"Food waste that goes in the landfill is a really serious climate change factor," she said. "When food decomposes anaerobically, it releases a lot of methane, which is 10 times as bad climate-wise as carbon dioxide."

Her farm has partnered with local restaurants to transfer kitchen scraps to its Kunekune pigs, a small, hairy and friendly breed from New Zealand.

"It's great because it's free food for us, the pigs love it and it keeps the food waste out of the landfills," Pec-Crouse said. She adamantly believes that pork should be America's meat: "We waste so much food in this country and if it all went

to pigs instead of in landfills, we could stop growing a lot of corn and we could happily eat bacon and reduce our climate impact all at the same time."

Bayside Park Farm, the city of Arcata's educational farm, similarly emphasizes a closed-loop system and utilizes community partnerships.

"A senior lunch program started composting all their scraps," said farm director Jayme Buckley. "Someone brings it here every week, and they dump it here." She showed off the food waste in the break-down process, which she delightfully called a "delicious slosh of biological activity," and how it transforms into fertile compost that they use to start seedlings, amend fields and top-dress garden beds.

Farms like these are employing practices that meet and, in many cases, exceed

Things you can do

In the grocery store:

- Look for labels like "grassfed," "pastured" and "animal welfare approved" for meat, eggs and dairy products.
- Be wary of labels like "natural," "humanely raised," "cage free" and "free range," which have shallow implications for environmental and ethical practices.
- Seek out local and certified organic produce, meat and dairy whenever possible. For locally made products, look for the "Humboldt Made" label.
- Add whole, plant-based and seasonal foods to your shopping cart as much as possible.
- For products not available locally, like coffee and chocolate, look for a "fair trade" label, indicating the growers were more equitably compensated.
- Consider doing some of your shopping at a co-op, which are community- rather than corporate-owned, or a local or regional store.

At the farmers' market:

- Use your EBT card and make use of the Market-Match program.

- Talk to farmers about their growing practices instead of relying on official certifications — unlike in the grocery store, you can actually talk to the person who grew your food. Try it.
- Ask farmers to help identify foods you don't recognize and for recommendations on how to prepare them.

To deepen your involvement:

- Join a CSA. Many farms accept EBT cards and have flexible payment plans, so don't hesitate to ask. Learn more at www.localharvest.org/csa.
- Stop by a farm stand or pick your own produce at a u-pick.
- Grow some of your own food in your backyard or in a community garden. Many community gardens have plots available — check out www.northcoastgardens.org for more info.
- Visit, volunteer or intern at a farm. Many farms offer open volunteer days, internships and apprenticeships. HSU's Campus Center for Appropriate Technology holds workshops and the University of California Cooperative Extension offers master gardener and master food preserver programs.

U.S. Department of Agriculture's certified organic standards, but many choose not to go through the certification process.

"You can have a conversation with the farmer and find out what their practices are," Bramble explained. "A lot of the folks at the market who are not certified organic are still following the best, most natural practices on their farm while saving a lot of time and cost by not going through the certification process, and they pass on those savings to you."

Unlike large-scale industrial farms producing for national and global markets, small-scale community oriented farms like these remain rooted in place, supporting the local economy, bringing people together to value and support the natural environment and helping communities reimagine ways of being together.

"Supporting local businesses keeps money circulating in the community," said Tanner of DeepSeeded Farm, which produces organic vegetables, berries and fruits for its CSA program. "The money you pay me I pay to employees that in turn shop locally and so, just like supporting any other local business, it helps keep our community thriving."

Beyond economic benefits, eating from your local foodshed can reconnect people to place, seasons and life cycles.

"You're eating everything that's in season, that grows here in the place where we live," explained Buckley of Bayside Park Farm. "So you have to kind of be able to go with that flow, and it really does adjust

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the way people cook, the way they eat, because you just kind of learn like, 'Oh, maybe you can't eat tomatoes in February,' and this sort of thing."

People shift in other ways, too, when they participate in the farm's intern- and volunteer-run CSA program, she added. "When you're getting this onslaught of the things that are available year-round, like chard, kale and cabbage, you learn to get really familiar with those items because that's just what you've always got. It makes for an adjustment that's really healthy; it benefits your personal health, your community, it's not just an economic decision. It definitely has all these rippling effects."

For Janet Czarnecki, owner of Redwood Roots, a picturesque 10-acre farm in Bay-side that grows veggies, flowers, herbs and berries, her farm provides a reconnecting space for her CSA members, volunteers and interns.

"I think the people who come here feel connected — they say it over and over again," she laughed. "The connection to land and being able to see how it changes from week to week, from season to season, and I think in a larger societal way that's missing. People work indoors, we're not physical anymore, people talk about feeling cut off, and so they come here, they talk together, they talk recipes, I greet them, their kids run in the field."

"Belonging to a place, I think that's a yearning most people have."

There are plenty of ways to get involved in the local food system, and no amount of support is too small.

"When you do your small part to support local farmers by shopping at the market or CSA or farm stands or buying local food at the grocery store, you might feel like you're not making a big impact," said Bramble. "But every little bit adds up ... If everyone makes a small change, it has a tremendous impact."

But because the conventional food

Continued on next page »



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On the Cover

Continued from previous page

system drives food prices down by externalizing its cost to the environment, animals and farmworkers, local, sustainably produced food costs more. While this remains a challenge, some innovative programs are at work on the North Coast to make for a more inclusive, accessible food system.

CalFresh electronic benefits transfer (EBT) cards can be used (at least for now) at farmers' markets to help ensure access to healthy foods, and the state's Market-Match program doubles these benefits, up to \$10 per visit. Bramble said these programs have been "tremendously successful," providing farmers with thousands of dollars in additional income and bringing hundreds of new people to local markets each year.

Many local farms also accept EBT on-farm, supplementing the creative methods they've developed to ensure access to their products. Czarnecki, for example, accepts EBT payments for CSA shares, in addition to offering sliding scale and flexible payment plans.

"If finances are an issue, I don't want anybody to stress," she said.

Redwood Roots, like many other farms, also donates produce to Food for People, and on-farm volunteers and interns exchange time and labor for experience, education and some food to take home.

Community gardens are also a crucial component of ensuring access to affordable, healthy food for community members, said Perticara of the NCCGC, which fosters a supportive network of community gardens and gardeners on the North Coast. While the gardens come in many shapes and structures, she said they all provide people with an affordable space — the average annual cost of a plot is roughly \$25 — to grow food.

"For the cost of a pack of seeds, \$3 or so, an abundance of food can be grown," she said, adding that CalFresh benefits can also be used to purchase seed and plant starts.

In addition, growing in a community garden provides opportunity for physical activity, relationships and community revitalization.

"It gets you outside," Perticara said. "A lot of people find gardening to be not only relaxing but therapeutic, and they note that it's a chance to have positive social interactions ... providing cross-cultural and intergenerational learning opportunities. (Gardens) can beautify neighborhoods, add to a sense of trust as people get to know each other, and it becomes a focal point of the community ... creating a sense of place and connectedness with one another."

Stepping back, it's clear that the state of our local food system is strong and each of the farmers interviewed for this story expressed gratitude for the support they receive.

"I feel grateful to be in a community that really supports local food production," said Tanner of DeepSeeded Farm as he eyed the field — the sky told of impending rain and he needed to get back out there. "A lot of people locally have clued into the fact that it's great, that the food tastes better, you get it fresher, you can find great deals, and it's kind of a win-win."

Yet there's more work to be done. Despite strong community support, farmers still struggle due to the aforementioned structure of the industrial food system.

"It's extremely hard to make money farming," said Pec-Crouse. Cunningham of Shakefork Community Farm agreed, adding that a truly sustainable food system has to factor both farmers' and farmworkers' livelihoods into the equation.

"We work really hard, yet we don't have health insurance, retirement plans, it's hard to pay our farmworkers what they deserve," she said. "How do we measure success? Do our workers have insurance? Can we provide livable wages for our employees? That's room for growth that I still see, and I don't know how to get there exactly, but hopefully we will as a community."

Still more consumer awareness is needed. In order to purchase and make good use of local food, people need to know how to prepare and preserve it. "You can save a lot of money by properly cleaning and preserving your produce," Bramble said. "Freezing, making meals in advance, canning, pickling, fermenting, all are wonderful ways to eat and to save produce for when it's out of season."

The prevalence of cannabis growing is also important to consider, said Cunningham, citing the recent decision to allow cannabis cultivation on prime agricultural land, an allocation of resources that does not support the goal of a flourishing local food economy.

"Because people can make more money doing other types of farming, they can get kind of lazy," she said. "They don't push to grow year-round because they don't have to. ... We struggle with labor because we can't pay people the wages that the cannabis industry can, so it's an ongoing struggle in this region. ... There's so much buzz around the cannabis industry, and I'm just like, 'Why can't people get so excited about food?'"

Despite being one of the state's most self-reliant communities, it seems the



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Jayne Buckley, farm director at Bayside Park Farm, explains the relationship between food, farming and community. The 3.5-acre farm operates a volunteer- and intern-run community supported agriculture (CSA) program, a community garden and a farm stand, in addition to growing produce for local farmers' markets.

depths of our potential remains untapped. "We still have a lot of room for growth here," Bramble said. "There's more demand than we're able to make across the board, and growing year-round is not as common here as it could be. ... There's room for more production."

This points to unique opportunities for new, young farmers (a hopeful trend in some places across the country), and there's plenty of opportunity to learn through on-farm internships, volunteer

opportunities, workshops and classes of all kinds. Buckley of Bayside Park Farm noted that she's witnessed an outpouring of interest since the November election.

"There's been this surge of people looking for ways to become engaged in the community and with each other," she said brightly. "A lot of people I've talked to since then are wanting a way to become more active and it feels like it's motivated by this sense that, if we don't grab it by the horns, it's gonna' run us over."

"It's really just taking that power back. Food is one of our basic essential needs and one of our basic joys. It's something people can agree on. ... And that's just so powerful in itself." ●

Laura Johnson is a cultural geographer and a multi-disciplinary lecturer at HSU. She is passionate about community food systems and thinks the Arcata Farmers' Market is one of the most joyful places on earth.

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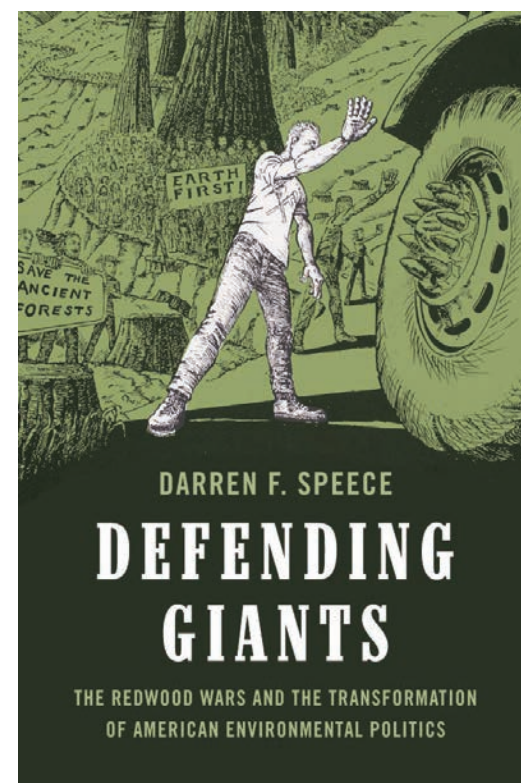
In Review

Timber War Stories

Darren Frederick
Speece's
Defending Giants

By David Holper

newsroom@northcoastjournal.com



Defending Giants

Sometimes a book invites a reader's favor. Darren Frederick Speece's *Defending Giants* seems like a love affair for those concerned with protecting ancient forests.

The book cover entices readers with a powerful image of an activist with his hand up blocking a truck, and the back features a glowing blurb from 350.org climate activist Bill McKibben.

And how can we not like an author who attended Humboldt State University, bartended at the Alibi, and is now a history teacher and assistant dean at the highly selective Sidwell Friends School?

Speece quickly establishes his expertise in the environmental and legal issues related to Pacific Lumber's hostile takeover by Charles Hurwitz. In addition, he is clearly familiar with the chief players in the timber wars, including Greg King, Julia "Butterfly" Hill, Judi Bari, Darryl Cherney and many others. He draws on David Harris's *The Last Stand*, a fascinating account of the takeover and the eventual purchase of the Headwaters Reserve by the state and federal governments.

Probably best of all, Speece establishes his credibility through extensive research. He provides a historical context, going back as far as the late 19th century to the roots of forest protection before examining the activism in our era. He explores the roles of women in forest defense over that 100-year span and he challenges the premise that recent forest activism was primarily fought at a national level by environmental organizations in order to save the land for leisure uses.

In spite of those strengths, the book is a difficult read. Speece's writing is academic, though not in a positive sense. The prose is tedious, with only rare passages that bring the narrative to life, and the writing is abstract and repetitious. He takes what should be a fascinating narrative and flattens much of it into a slog.

Some of his premises seem debatable, too. Although he carefully examines how the Clinton administration circumvented courtroom battles over the Endangered Species Act by using a Habitat Conservation Plan (HCP), suggesting that HCPs will be increasingly used to resolve disputes between landholders and conservationists, he misses the numerous weaknesses of HCPs that have made them controversial. He also doesn't provide any evidence of how HCPs have been used since Clinton era. Speece ends the book by asserting that there were no clear winners in the Headwaters deal, entirely omitting that Charles Hurwitz milked billions of dollars of profit from the hostile takeover of Pacific Lumber, avoided jail time for activities that sent several of his business associates to prison and walked away with an additional \$370 million for the Headwaters purchase.

So if you can hold your nose over the tedious writing and some of the more dubious claims, then you may find yourself intrigued by the outstanding historical research he provides on forest defense and activism. ●

Darren Frederick Speece speaks about his book on Thursday, April 27 at 5:30 p.m. in HSU's Founders Hall. See Calendar for details.

Get Out

Humboldt Slackers

Getting high in the forest

By Sam Armanino

getout@northcoastjournal.com

Some 40 feet up in the air, Matt Paris took another step on a 1-inch slackline that stretched 400 feet across the redwood forest. The line began to bounce and shake. He swung down about 5 feet and back up again as he approached the middle section with the most give.

Paris squinted, his breath loud in the otherwise silent forest, and took two more steps; he moved his arms from one side to the other to stay centered on the thin blue line. Paris began to wobble. He turned his bare feet sideways to steady himself. Facing straight out with a blank expression, Paris took deep breaths to regain his composure.

Paris was in the middle of the line deep in a redwood forest. He said Humboldt is known for having good slackliners with a community of about 20 people. Paris is from Los Angeles and said the community here is even larger despite the contrast in population size. "Having 20 people in one town is pretty big," he said.

Humboldt's huge redwoods and giant coves make for scenic lines that attract plenty of people to slackline here — that is, to walk across narrow lines of webbing strung between two points, like tightrope walking with more give. The only problem with slacklining up in the trees of the Arcata Community Forest is it's not exactly legal. Humboldt slackliners like to keep their locations somewhat hidden or hard to find.

Arcata City Manager Karen Diener said this kind of slacklining — up high with harnesses — is prohibited within Arcata city limits because it poses a threat to the environment and safety of the slackers. The city is currently making revisions to the Redwood Park master plans that could incorporate a space for slacklining, though it's not clear exactly how high up. "Right now, if a ranger finds a slackline, they will take it down," Diener said.

Paris feels prohibiting slacklining is ridiculous, like banning mountain biking or swinging on a park swing set. He said the activity is much safer than people think and the city has just decided to prohibit activities instead of learning more about them.

The line began to shake again and Paris



Joey Croft walking a 400-foot midline in the Arcata Community Forest.

Photo by Sam Armanino

shot his arms up in a last effort to steady himself. He let out a yell as he began to lose his balance. Sharp breaths in and out echoed through the redwoods as he again tried to calm down.

For a split second the line steadied. "Yeah Matt," his friend yelled from about 200 feet away. Paris took another series of deep breaths but the line began to tremble yet again. A sound like the crack of a whip echoed throughout the forest as Paris fell. The entire line shook violently and Paris flipped forward, his brown visor ripped off from the momentum of his fall.

A 4-foot green rope and titanium ring attached to his harness caught him and he dipped down about 10 feet. He let out a muffled laugh and swung his right leg up around the line in order to hook and steady himself.

"It's a great way to travel; it's the best accessory sport," Paris said. "You can take [a slackline] anywhere with you." The 400-foot strap, known as the "420 line," was rigged in the forest using a professional pulley system with equipment designed for long slacklines. It's considered a "midline" as opposed to what's called a highline. Paris said the differences are heavily debated within the small global community. "If it's high enough that if you fell off, you would die, that's a highline," Paris said. "Midlining would just break some bones."

The learning curve for highlining can be very steep. Most start with a ground line that's typically 2 inches in width — known within the community as a "trick line." The other type of slacklining uses a longline, which is similar to a midline except closer to the ground so you don't need a harness. "I did a 70-foot [long] line," Paris said of his first highline. "Thirty feet up, and I was super shaky. When I fell I ripped off all the blisters on my hands. It was great."

Joey Croft cranked down on the end of the blue line, tightening it through a rigged pulley system that wrapped around a thick redwood. Croft used two lines: one main line that he and another slackliner were tightening, and another safety line the same width that hung a little looser below.

Croft went to college in Vermont. There

he met a Humboldt State University alum who was teaching a one-day slacklining course. That's where Croft heard about West Coast slacklining and, more specifically, the scene in Humboldt. One of the things Croft enjoys about the Humboldt slackers is the lack of competitiveness within the community. They tend to keep it an individual sport in which the slacker can use the line as a type of meditation. "Sometimes I'll just go to the middle of the line and just bounce around for fun," Croft said. "With highlining, it's a personal thing."

Croft said he doesn't think slacklining should necessarily be illegal because it falls into a gray area of Arcata law that doesn't clearly define the types of prohibited slacklining. He said slackers in no way hurt the redwoods or the vegetation in the surrounding area. He said they set up a padded layer between the bark and the rigged line and, when setting a line in the forest, they hike the same path in and out to minimize their impact.

Both Croft and Paris have traveled all over the United States for slacklining festivals. They said the largest communities are mostly on the West Coast: California, Washington, Oregon, Colorado, Arizona and British Columbia. But there is also a large international community that Croft says is growing.

"I have seen some close calls," Croft said. Riggering a line is often the most dangerous part of highlining. Croft said a lot of areas where you set up a highline are very exposed and sometimes require rock climbing techniques to get the line up and ready for a walk.

In highlining there are intense moments followed by complete calm and relaxation. Croft said it's all about controlling your adrenaline and regulating your breathing — controlling your fears and learning how to work through them. "There's definitely times where you're scared and shaking," Croft said. "But the idea is to calm that down and regain control." ●

Check out more photos and video of slacklining at www.northcoastjournal.com

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Turning the Page on Native Plants

By Donna Wildearth
downanddirty@northcoastjournal.com

If you've been wanting to learn more about native plants, here are reviews of seven of my favorite books on the subject (all available in the Humboldt County Library).

Bringing Nature Home: How You Can Sustain Wildlife with Native Plants (2009): If you only read one of the books in this column, choose this one by Douglas Tallamy. Unlike the others, this one doesn't focus on descriptions of native plants, though it does contain some information about them. But it presents a powerful case for why using native

plants is not just a nice idea but crucially important for the survival of wildlife. It explains how native plants and the insects that co-evolved with them are essential to birdlife in particular. This book opened my eyes to the urgency of this issue, and I highly recommend it to all gardeners and bird lovers.

California Native Plants for the Garden (2005): For brief overviews on the history of native plants in California horticulture, descriptions of native plant communities and a discussion of landscape design considerations, pick up this book by Carol Bornstein, David Fross and



Native wild mock orange in a Eureka garden.
Photo by Donna Wildearth

Bart O'Brien. There is a good chapter on soil preparation, sourcing plants and seeds, planting, watering, fertilizing, pruning and pest management. The bulk of the book is devoted to profiles of more than 500 native plants with a description of each plant, its habitat and range, light/soil/water requirements and related species.

California is a large state with an ex-

tremely wide range of habitats. Not every plant included would thrive in our area, but the majority would. Also included are extensive lists of plants for 30 specific situations, such as allergenic plants, plants with aromatic foliage, fast/slow-growing plants, poisonous plants and plants with ornamental fruits. The 450 color photographs include plant close-ups and many

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enticing pictures of landscaping with natives.

Encyclopedia of Northwest Native Plants for Gardens and Landscapes (2008): A comprehensive reference to 530 native plant species that occur in the Pacific Northwest written by Kathleen Robson, Alice Richter and Marianne Filbert. As with the book above, not all the plants described are native to our area, but the majority are. A detailed description of each plant is provided, along with useful information on cultivation, propagation, native habitat and range and related species. It also includes lists of recommended plants for specific situations such as drought-tolerance, shade, wildflower meadows, erosion control, and attracting birds and butterflies. Illustrated with 600 color photos and numerous botanical drawings.

California Native Gardening: A Month-by-Month Guide (2012): This book by Helen Popper provides detailed information on planting, propagating, dividing and maintaining plants on a month-by-month basis. For instance, April tasks are listed as: plant and sow; mulch; prune, just a little; take cuttings; manage weeds and celebrate Earth Day. One of the best

sources I've encountered for pointing out the importance of maintenance for native plants and explaining how and when to do it. The final chapter discusses using natives in garden styles ranging from formal to cottage to Japanese to a children's garden. There are beautiful color photographs and vivid descriptions of native plants in bloom every month.

Real Gardens Grow Natives: Design, Plant & Enjoy a Healthy Northwest Garden (2014): This book by Eileen Stark presents a strong case for using native plants to support birds, bees, butterflies and other insects. It covers design considerations, site preparation and plant propagation. The heart of the book is a portfolio of 100 garden-worthy Pacific Northwest native plants — most of which grow locally — divided into plants for full sun, partial sun, and shade. Excellent color photographs and useful information on the growth habit and cultivation needs of each plant. I especially appreciate the notes on the wildlife value of each native. For instance, for vine maple the author comments: "Flowers attract bees and other insects. Host plant for western tiger swallowtail and mourning cloak butterfly larvae. Seeds are eaten by many birds, including gros-

beaks, finches, and woodpeckers, as well as mammals such as chipmunks."

Designing California Native Gardens: The Plant Community Approach to Artful, Ecological Gardens (2007): This book is divided into 12 chapters, each focusing on a group of plants that occur together in the wild. Authors Glenn Keator and Alrie Middlebrook provide examples of landscape designs for each plant community, including plant lists, descriptions and practical advice on maintenance. It's an inspiring book with good photographs of both gardens and individual plants. As an added bonus, it includes information on where you can see each plant community in the wild.

Native Plants in the Coastal Garden: A guide for Gardeners in the Pacific Northwest (2003): Though the book by April Pettinger and Brenda Costanzo defines its range as extending from southeastern Alaska to Eugene, Oregon, it is very much applicable to our region. It starts with a discussion of recent trends in naturalistic landscaping and offers sample site plans to show how native plants can be incorporated in landscapes. The authors discuss pros and cons of lawn as well as turf grass alternatives. They offer

advice on gardening for wildlife, how to establish and maintain a meadow and how to use natives in a variety of settings, providing a list of plants for each setting. Roughly one-third of the book is devoted to descriptions of various native plant communities — shoreline, forest, wetland, grassland and mountain.

These books contain lists of native plant nurseries and other native plant resources. Another good source of information is www.northcoastcnps.org, the website for the local chapter of the California Native Plant Society. This website has an expanded list of books on native plant gardening as well as recommended garden-worthy local natives.

Heads Up: Be sure to mark your calendar for the annual Wildflower Show and Native Plant Sale, May 5-7, at the Jefferson Community Center in Eureka. The website above has more information. ●

Donna Wildearth is the owner of Garden Visions Landscape Design in Eureka. Visit her website at www.gardenvisions.biz.

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Table Talk

A Hearty Belgian Mash

From community garden to table

By **Simona Carini**

tabletalk@northcoastjournal.com

I learned as much about growing cabbage, corn and zucchini as I did about my neighbors while volunteering at the Happy Forever Community Garden in Berkeley 10 years ago. Calling the 12-by-18-foot traffic diverter on a side street a community garden was a bit of a stretch but the barren diverter-turned-food-producing island taught me a lot.

A community garden relates to a community in three ways. It's an enterprise that *belongs* to the community, the group of people who organize themselves and manage the space. The garden also *creates* a community: It attracts not only pollinators but people. Every time I worked in the garden, neighbors stopped by and let me know how much they appreciated the work we did. I enjoyed offering them bunches of basil, handfuls of snap beans, a few cherry tomatoes to savor while walking home. One afternoon I astounded a child visiting from the U.K. by giving him a couple of lemon cucumbers and watched him scamper away, eager to show the yellow treasures to his mother. The day we planted asparagus crowns, a woman and her elderly father stopped by. Originally from Iran, he had left his garden behind and missed it deeply. While his daughter was telling their story, he showed me how to prepare the ground for the crowns. He did not speak English so I grinned my thanks.

Finally, to thrive the garden *needs* a community committed to it. Like farmers markets and community-supported agriculture (CSA), community gardens are rooted in many areas, included our county. If you want to know where the nearest one to you is, the Local Gardens page of the North Coast Community Garden Collaborative website at [\[coastgardens.org\]\(http://coastgardens.org\) provides a listing that includes contacts. The same organization publishes the monthly e-newsletter *Gardening Gazette*, with local community garden news and a list of upcoming events. Visit a garden near you, see how it is organized, get involved.](http://www.north-</p>
</div><div data-bbox=)

I readily admit that the most exciting part of my volunteer experience was harvesting what we had planted and tended. I fell in love with Brussels sprouts and scarlet runner beans, marveled at the productivity of bush beans and never got tired of bringing home summer squashes and zucchini.

Debbie Perticara, a North Coast Community Garden Collaborative staff member and senior planner for the Natural Resources Services division of the Redwood Community Action Agency, says the most frequently grown vegetables and fruits in Humboldt County community gardens are carrots, lettuces, spinach, broccoli, peas, kale, Swiss chard, strawberries, zucchini and onions.

Of those, right now community gardeners might be harvesting carrots, lettuces, spinach, broccoli, kale, Swiss chard and onions. As we all know, coastal and inland climate are quite different, so crops and harvest times vary depending on garden locations. Tomatoes, peppers, corn and eggplant grow well inland, but they are more difficult to grow on the coast, where cool season crops grow well year-round.

Below is a suggestion for putting your community garden's harvest to good use. Not a gardener? Don't worry — you can prepare the recipe with ingredients grown by someone else.

"One who plants a garden, plants happiness", says a Chinese proverb. Imagine the possibilities when it is a whole community planting that garden.



A Belgian potato and carrot mash-up.

Photo by Simona Carini

Wortelstoemp

This is my version of a popular Belgian dish. *Stoemp* is a mixture of mashed potatoes and vegetables. The version with potatoes and carrots is called *Wortelstoemp*. Serves 6.

Ingredients:

- 13½ ounces potatoes
- 12 ounces carrots (orange or rainbow)
- 2 tablespoons extra-virgin olive oil
- 2 medium leeks, white and light green portion (set aside the dark green portion to make broth or stock)
- Leaves of several sprigs of fresh thyme
- 2 garlic cloves, minced
- 2 spring onions, white and light green portion
- ⅛ teaspoon of fine sea salt
- ⅛ teaspoon of lemon zest
- 2 tablespoons of vegetable broth or chicken stock or broth
- ¼ teaspoon of fine sea salt
- 1 pinch of grated nutmeg
- 1 pinch of freshly ground black pepper

Scrub the potatoes and boil in plenty of water until tender. Drain and let cool. When they are cool enough to handle, peel them and place in a bowl. Mash them with a potato masher.

Scrub and skin the carrots. Cut each into 2-3 pieces. Cover them in water and boil until tender. Drain and let cool slightly. Reserve a tablespoon of the cooking water. Mash the carrots with a potato masher.

After trimming the roots, cut the leeks in half lengthwise and slice them into ⅛-inch-thick half-moons. Rinse them in a colander, then place them in a bowl and fill it with cold water. With your hands, swirl the leeks to clean them well, then scoop them out of the water with a sieve or slotted spoon and drain them in a colander.

Cut the spring onions in half lengthwise and slice into ⅛-inch-thick half-moons. Rinse well in a small colander.

Over medium heat, warm the olive oil in a large skillet (large enough to later hold the mashed carrots and potatoes). Add the leeks and stir to coat, then add the thyme and stir again. Cook the leeks for a couple of minutes. Cover the skillet and cook on low heat until the leeks are soft (8 minutes or so), stirring every now and then.

Add the garlic to the skillet, stir, cover again and cook for 2 minutes. Add the spring onions, stir, cover again and cook for another 2 minutes.

Season with the lemon zest and ⅛ teaspoon of sea salt and stir.

Add the mashed carrots and potatoes to the skillet, still on low heat. Stir well. Add 1 tablespoon of the carrot cooking water and the broth or stock, and stir.

Sprinkle ¼ teaspoon of sea salt, the black pepper and nutmeg, and stir well. Serve warm. ●

Simona Carini also writes about her adventures in the kitchen on her blog www.pulcetta.com

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John Craigie plays The Old Steeple on Thursday, April 20 at 7:30 p.m.

Photo by Maria Davey, courtesy of the artist

Humboldt has its own complicated and multifaceted relationship with its best-known cash crop. Whether you are hip enough to call it cannabis or still call it “the dope,” it’s tough to fully appreciate the extent of its influence on our county. I don’t have the space/time/patience to go into depth here in this column but love or hate the weed — and the people involved with it — it’s impossible to separate it from the local art and music community. I began playing music in Humboldt about 15 years ago when I was somewhat new to the area. The number of talented musicians I met and was lucky enough to play with who didn’t seem to have day jobs was always curious to me. Now I was young(er) and naive(er) and didn’t quite grasp how some of these musicians were able to spend so much time writing songs and rehearsing with their bands. Eventually it dawned on me why they always needed friends to “watch” their places when they were out on the road. When I finally put four and 20 together, I was working crappy jobs to pay the bills and a bit jealous. But in hindsight, it makes perfect sense. Artists tend to avoid nine-to-five gigs as long as humanly possible. There are plenty of good reasons for doing that but to follow a creative life, time is of the utmost importance. The more time one has — or the more flexible one’s time can be — to devote to a creative pursuit, the more the artist and the art develop. Now does this justify or excuse the black market completely? No. But perhaps it brings some shades of gray into the black/white world we’re accustomed to hearing about. If time be the food of art, then grow on.

Thursday

It’s Humboldt’s unofficial holiday today and if you still don’t know what I’m talking about, don’t worry about it. I don’t see why today can only be celebrated with

raasta-tinged reggae or hip hop speaking the praises of “Jah’s plant,” so feel free to celebrate with **The Compost Mountain Boys** up at the Mad River Brewery Tap Room at 6 p.m. this evening for free. Returning to Humboldt is folk-troubadour **John Craigie**, whom I remember hearing play at Redwood Yogurt years ago with witty, whimsical and oft-times goofy songs occasionally dealing with Mr. Texas Ranger himself, Chuck Norris. I never quite knew where John lived back in the day (or if he lived anywhere to be honest) but I hear he’s based out of Portland these days. He’ll be stopping by The Old Steeple in Ferndale tonight joined by special guest **Cygne** from Santa Cruz at 7:30 p.m. Perhaps John will freestyle a song about owl eggs tonight; a \$25 ticket will get you in to find out. I imagine the 4-20 vibe will be strongly represented at The Jam tonight with local reggae-something bands **Woven Roots** and **The Dubadubs**. Word is it’s at 9:30 p.m. and \$10. A blend of funk and soul n’ roll is on the bill at Humboldt Brews courtesy of Chicago’s **The Main Squeeze**, who’ve had a pretty good 2016. Their tight and funky jams incorporate ranges of assorted genres and will probably keep you busy on the dance floor. This is a 9:30 p.m. show with a \$10 cover.

Friday

The **Moonshine Bandits** will be in SoHum with their unique blend of hip hop and country music supporting their latest album *Baptized in Bourbon*. Based out of California’s Central Valley, the Bandits take influence from Southern Rock, Country, and lyrical hip hop. They’ll stop by The Mateel at 9 p.m. and \$30 gets you into this show. At 9:30 p.m., you’ll find **Poor Man’s Whiskey** returning to Humboldt Brews in Arcata to mix up some traditional bluegrass with a more psychedelic and jam oriented rock vibe. Outside of their old time and bluegrass influences, you can count the members all fans of Pink Floyd,

4 + 20 More

By Andy Powell

thesetlist@northcoastjournal.com

The Dead, The Allman Brothers, The Eagles and Paul Simon. Bring \$15 to get in the door.

Saturday

The father-sons of **Doug Fir & the 2x4s** are at it again at the Mad River Brewery Tap room around 6 p.m. They bring the classic rock sound to covers and originals and it’s a free gig, so you’ve got nothing to lose —except perhaps sobriety — by checking it out. Floyd fans are probably aware that premier Pink Floyd tribute act **House of Floyd** is making a stop in our neck of the woods tonight at the Arkley Center for the Performing Arts at 8 p.m. HoF is smart to stop by Humboldt about twice a year as we’ve got a pretty big concentration of Floyd fans. I’ve been lucky enough to see this group a few times and they run the gamut of hitting the Floyd hits just as you’ve heard them on the albums and also recreating live versions of some of the deeper cuts that Floyd would play in concert. Grab a ticket for \$38 before they sell out. More reggae is on the bill at The Jam tonight around 9:30 p.m. **Dynasty One** takes the stage along with **Jah Sun** to bring the positive vibes to the dance floor. Not sure on this ticket price but whatever it turns out to be, you won’t be sorry.

Sunday

An early show this afternoon sees **PianoVoce** at the Trinidad Town Hall at 3 p.m. This recital, I’m told, is based on *From the Bohemian Forest* composed by Dvořák and then Carlisle Floyd’s *Pilgrimage: Solo Cantata on Biblical Texts*. PianoVoce is comprised of Annette Gurnee Hull and Nancy Correll on the Hall’s Steinway piano, Carl McGahan singing baritone and narrator Richard Duning. A \$15 donation supports the Trinidad Library. Bring the kids to sing-a-long with their favorite Beatles tunes at Six Rivers Brewery at 4 p.m. played by Humboldt’s favorite Fab Four fans, **Silver Hammer**. It’s a free show, but always feel free to tip. Fans of Scottish fiddling know the name of Scottish Traditional Music Hall of Famer **Alasdair Fraser** and most likely a former student of his and excellent cellist **Natalie Hass**. Well, we’re in for a treat tonight as they are taking the stage at Ferndale’s Old Steeple at 7:30 p.m. Alasdair is a master of the Scottish fiddle but can also easily

hop between Irish fiddle and Appalachian fiddling styles as well. He and Natalie have an instinctive chemistry on stage and whether they’re playing “The Highlander’s Farewell” or “Grand Etang” you’ll hear the heart of Scotland beating. Jig your way down to this \$30 show. And for something completely different, ’90s hip hop veteran **Abstract Rude** (touring to support mix-tape *Owl’s Cry*) is on The Owl’s Cloud Tour along with **B. Squid & Friends** (supporting their own **Cloud 9**) and will be at The Miniplex in Arcata tonight at 9 p.m. for only \$10.

Tuesday

Speaking of supporting recordings, Minnesota’s **The Cactus Blossoms** are on the road for their release of *You’re Dreaming*. Brothers Jack and Page have made stops at the Newport Folk Festival and Hardly Strictly Bluegrass to name a few and have a busy year in front of them. With well-constructed harmonies and haunting guitar lines, these Blossoms have gotten good reviews for this latest release in *Rolling Stone* among other places. Welcome them to Humboldt tonight at 9:30 p.m. at Humboldt Brews with \$10.

Wednesday

A free show is on tap at 6 p.m. at the Mad River Brewery Tap room with the **RLA Jazz Trio** with **Paula** and **Don**. They’ll be playing until about 8 or 8:30 p.m., and you can catch their jazz chops while enjoying some John Barleycorn. Leave the band a tip, or get ‘em a beer if their pints are runnin’ dry. Singer/songwriter **Tom Russell** has 35 albums to his name and he’s at The Old Steeple tonight at 7:30 p.m. His songs have been covered by Johnny Cash, Iris Dement, and Nanci Griffith, just to name a few. You might hear songs of dust-hazed sunsets, the shifting sands under cabaleros and the California snow. Get your \$30 tickets quick. ●

Full show listings in the Journal’s Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Andy Powell is a congenital music lover and hosts The Album of the Week Show on KWPT 100.3 FM Tuesdays at 6 p.m. The times they are a changin’.

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Live Entertainment Grid

Music & More

ARCATA & NORTH

VENUE	THUR 4/20	FRI 4/21	SAT 4/22	SUN 4/23	M-T-W 4/24-26
ARCATA THEATRE LOUNGE 1036 G St. 822-1220	Banff Mountain Film Festival 7pm TBA	Psy Fi (DJ) 9:30pm \$15 advance		<i>The Little Prince</i> (1974) (film) 6pm \$5	[W] Sci Fi Night ft. <i>The Time Guardian</i> (1987) (film) 6pm Free w/\$5 food/bev purchase
BLONDIE'S FOOD AND DRINK 420 E. California Ave., Arcata 822-3453	Open Mic 6:15pm Free			Jazz Jam 6pm Free	[M] Trivia Night 7:30pm Free
BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, 668-9770	Karaoke w/KJ Leonard 8pm Free	Motherlode (heavy funk) 9pm Free	BluEnglish (classic rock) 9pm Free	Wave: Karaoke w/KJ Leonard 8pm Free	[W] DJ D-Funk 9pm Free
CAFE MOKKA 495 J St., Arcata 822-2228		Chubritza (Eastern Euro) 8pm Free	Skyline Swing (Gypsy jazz) 8pm Free		
CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville, 839-2013		Karaoke w/Rock Star 9pm Free	Dr. Squid (dance hits) 9pm Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Johnny Young Band (rockin' country) 9pm Free	Eyes Anonymous ('80s hits) 9pm Free	Karaoke w/DJ Marv 8pm Free	
CLAM BEACH TAVERN 839-0545 4611 Central Ave., McKinleyville	Legends of the Mind (blues, jazz) 6pm Free				[M] Anna Hamilton (blues) 6pm Free, Savage Henry Stand up Open Mic 9pm Free [W] Pool Tournament & Game Night 7pm Free
FLDDBROOK MARKET & EATERY 4636 Fieldbrook Road, 839-0521		Friday Night Music w/Old & in the Way 7:30pm Free			
GRIFFIN 937 Tenth St., Arcata 825-1755					[W] Salsa Dancing with DJ Pachanguero 8:30pm Free
HUMBOLDT BREWS 856 Tenth St., Arcata 826-2739	The Main Squeeze (funk, soul, rock n' roll) 9:30pm \$10	Poor Man's Whiskey (jamgrass) 9:30pm \$15	Soul Night #66 9pm \$5		[T] The Cactus Blossoms, Jack Klatt 9:30pm \$10
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 616-9084		Fulkerson: HSU Symphonic Band 8pm \$8, \$5 senior/child, free for HSU students with ID	Van Duzer: HSU Calypso Band, Percussion Ensemble, World Percussion Group Concert 8pm \$10, \$5 senior/child, \$3 HSU students with ID	Van Duzer: Paul Taylor Dance Company 8pm \$46	

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VENUE	THUR 4/20	FRI 4/21	SAT 4/22	SUN 4/23	M-T-W 4/24-26
THE JAM 915 H St., Arcata 822-4766	Throwback Thursdays w/DJ D'Vinity 5pm Free Dubadubs, Woven Roots (reggae) 9:30pm \$10	RuPaul's Drag Race Happy Hour Viewing Party 5pm-8pm	The Maui Pranksters (Grateful Dead tribute) 9:30pm \$10	Green Week Fam Jam w/the Maui Pranksters 1-4pm Free Deep Groove Society: Green Week Pre-Party SUNDAY 9pm \$10	[T] Savage Henry Comedy 9pm \$5 Loose Joints w/DJ Knutz and Friends 10pm \$2 [W] Jazz at the Jam 6:30pm Free The Whomp (DJs) 10pm \$5
LARRUPIN 677-0230 1658 Patricks Point Dr., Trinidad		Blue Lotus Jazz 6pm Free		Tim Randles (jazz piano) 6pm Free	[W] Aber Miller (jazz) 6pm Free
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Black Irish Texas (Irish) 9pm Free	Kindred Spirits (bluegrass) 9pm Free	Big Earl & the Poorhouse Millionaires (blues, roots) 9pm Free	Potluck (food) 6pm Free	
MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-5680	The Compost Mountain Boys (bluegrass) 6pm Free	Ultra Secret (funky jazz) 6pm Free	Doug Fir & 2x4s (classic rock) 6pm Free		[T] Blue Lotus Jazz (jazz) 6pm Free [W] RLA Jazz Trio w/Paula and Don 6pm Free
THE MINIPLEX 401 I St., Arcata 630-5000			Abstract Rude, B.Squid & Friends (hip-hop) 9pm \$10	Karaoke Sundays 9pm Free	[T] Sonido Pachanguero (salsa/cumbia) 9pm TBA
NORTHTOWN COFFEE 1603 G St., Arcata 633-6187		Open Mic 7pm Free	Tristan Norton ft. Raia Ryan (folk, blues) 6pm Free		[T] Human Expression Open Mic 7pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudellion 8pm \$5
OUTER SPACE 11th & M Streets, Arcata			Briana Marela, Hoop, Smilebright (dreamy pop, alt. rock) 8pm \$7		
REDWOOD CURTAIN BREWERY 550 South G St., #4, Arcata, 826-7222	Pints for Non-Profit - CommUnity Pride & Peace noon-midnight		Compost Mountain Boys (bluegrass) 8pm Free		[M] Open Bluegrass Jam 6pm Free [T] Ash Powell 7pm Free [W] The Bryan Titus Trio 8pm Free
SIDELINES 732 Ninth St., Arcata 822-0919	DJ Ray 10pm TBA	DJ Ray 10pm TBA	DJ Tim Stubbs 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	Thursday Night Bluegrass 8pm Free	Poorhouse Millionaires (bluegrass) 9pm Free	Soul Train Disco Funk-raiser 9pm \$5-\$10 sliding scale	HGW Family Show w/ Silver Hammer 4-8pm Free Trivia Night 8pm Free	[M] Karaoke with DJ Marv 8pm Free
TOBY & JACKS 764 Ninth St., Arcata 822-4198		Masta Shredda 10pm Free	DJ Ray 10pm Free		[T] Bomba Sonido w/DJ Pressure 10pm Free [W] Reggae w/Iron Fyah 10pm Free
WESTHAVEN CENTER FOR THE ARTS 501 S. Westhaven Dr. 677-9493		Third Friday Blues with Seabury Gould & Friends 7pm \$5-\$10 sliding		Song Village (group sing) 1pm-3pm Free	



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EUREKA & SOUTH
Arcata and North on previous page

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VENUE	THUR 4/20	FRI 4/21	SAT 4/22	SUN 4/23	M-T-W 4/24-26
ARKLEY CENTER FOR THE PERFORMING ARTS 412 G St., Eureka 442-1956			House of Floyd (Pink Floyd tribute) 8pm \$38-\$20		
BEAR RIVER CASINO HOTEL 11 Bear Paws Way, Loleta 733-9644	Karaoke 8pm Free	Marshall House Project (funk, soul, rock) 9pm Free	Nighthawk (pop, rock, dance) 9pm Free		
BRASS RAIL BAR 923-3188 3188 Redwood Dr., Redway	Pool Tourney 8pm	Hardly Deadly(Grateful Dead tunes) 9pm Donation		Savannah Rose (folk, country) 7:30pm	[T] Karaoke 9pm
CECIL'S NEW ORLEANS BISTRO 773 Redwood Dr., Garberville 923-3188		Joani Rose Jazz Quartet 7:30pm Free			
EUREKA INN PALM LOUNGE 518 Seventh St., 497-6093	Vanishing Gates (ghost stories) 6-8pm Free	Jim Lahman Band (rock, blues, funk) 9pm Free	The Bump Foundation (funk) 9pm Free		[T] Karaoke w/DJ Marv 7pm Free [W] Comedy Open Mikey 7pm Free
EUREKA THEATER 612 F St., 442-2970			VaVaVoom 6th Anniversary Extravaganza (burlesque) 9pm \$25-\$15		
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish/Celtic) 6pm Free				
MATEEL COMMUNITY CENTER 59 Rusk Lane, Redway 923-3368	420 World Fest noon-midnight \$30	Moonshine Bandits (Hip-hop and country) 9pm \$30, \$25 advance			
MORRIS GRAVES MUSEUM OF ART 636 F St., Eureka 442-0278			Peaking Lights (electronic pop psychedelia) 8pm \$10		
THE OLD STEEPLE 246 Berding St., Ferndale 786-7030	John Craigie with Cygne (Americana, folk) 7:30pm \$25		Pitching Tents - NorCal Premiere (film) 8pm \$10	Alasdair Fraser & Natalie Haas (Scottish fiddle) 7:30pm \$25	[W] Tom Russell (singer/songwriter) 7:30pm \$30
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600	Open Mic w/Mike Anderson 6:30pm Free				
PEARL LOUNGE 507 Second St., Eureka 444-2017	Queer Dance Nights w/ Pressure Anya 9pm Free	Dub Cowboy (DJ music) 10pm Free	Selecta Arms (DJ music) Free		[W] DJ D'Vinity 5pm TBA

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Alasdair Fraser and Natalie Haas play The Old Steeple on Sunday, April 23 at 7:30 p.m.
 Courtesy of the artists

VENUE	THUR 4/20	FRI 4/21	SAT 4/22	SUN 4/23	M-T-W 4/24-26
PLAYROOM 1109 Main St., Fortuna 725-5438					[T] Karaoke 9pm
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka 442-4131					[W] Karaoke w/DJ Marv 9 pm Free
SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		Loathing/Forged/Invertebrate/FxP/DIP (power violence, grind) 8pm \$8 All ages	Curse, DAT-1, Huddyglo, Wrye (DJs) 9pm \$5		
THE SPEAKEASY 411 Opera Alley, Eureka 44-2244	The Jazz Hours (jazz) 7:30pm Free		Buddy Reed and the Rip It Ups (blues) 9pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] Ultra Secret (jazz) 8pm Free
STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville	Upstate Thursday w/Gappy Ranks and DJ Yungg Trip (DJ music) 9:30pm TBA		AbunDance w/Zerohour, Marjo Lak, Cooperton3, Bastard (DJs) 10pm TBA		[M] Pool Tournament 8:30pm \$10
TIP TOP CLUB 443-5696 6269 Loma Ave., Eureka			MiHKAL (electronic) 9pm \$15		
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			
VISTA DEL MAR 443-3770 91 Commercial St., Eureka					[T] Comedy Night 9pm \$5 [W] Karaoke Nights 9pm Free

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Calendar

April 20- April 27, 2017



Photo by James Houston



Courtesy of Sequoia Park Zoo



Submitted

Don't miss one of the most honored dance companies in the world when the stylish **Paul Taylor Dance Company** (led by the legendary dancer/choreographer who's been the ensemble's artistic director for 63 years), brings its sensuous, provocative and humorous dance pieces to the **Van Duzer Theatre** on **Sunday, April 23 at 8 p.m.** (\$46).

This Earth Day, head over to **Sequoia Park Zoo** for a free day at the zoo during **Party for the Planet, Saturday, April 22 from 12-5 p.m.** (free). Check out cute critters, learn about their habitats, make fun crafts, peruse cool eco-exhibits and make a pledge to leave the earth a better place with a footprint on the Pledge Path.

Celebrate Earth Day at **Earth and Space Discovery Day on Saturday, April 22 from 11 a.m. to 3 p.m.** at the **HSU Natural History Museum** (\$5, \$2 members, free to adults accompanying kids). Kids can look at the sun, moon and Venus with Astronomers of Humboldt, explore the solar system, make a light spectrum and take home their own UV beaded bracelets.



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Cast of Pitching Tents. Submitted

Science and History

You know it's a sad day for progress when we have to march for science — when citizens have to take to the streets to remind those in power to listen to the lab-coated experts trying to keep our environment healthy and our society from slipping back into the Dark Ages.

Now might be a great time to brush up on science and rub elbows with scientists. Community members can do just that at the **Science Expo** part of the **Humboldt March for Science** event (happening in solidarity with other March for Science events worldwide) **Saturday, April 22 from 9 a.m.-5 p.m.** at the **D Street Neighborhood Center** (free).

From **9 a.m. to 1 p.m.**, learn about science-based programs and issues, such as the Klamath River dam removal, climate change implications for Humboldt Bay, college and high school science clubs, water and air quality and health care. At **2 p.m.**, take in the **rally** featuring diverse speakers from the community, including scientists, teachers, students, politicians and tribal members. Follow it up with the **march through Arcata** starting around **2:45 p.m.** (While the exact route has yet to be announced, it will be about 20 blocks long and include the plaza.) After the march, jump into a break-out session for **small group discussion** at the D Street Neighborhood Center between **4 and 5 p.m.** Science!

— Kali Cozyris

Lights, Camera, Cows

New York City-based filmmaker **Jacob Cooney** grew up in Ferndale, framing shots in his head long before taking off for the big city. Now Cooney is coming home for the Northern California premiere of his film, **Pitching Tents** on **Saturday, April 22 at 8 p.m.** in **The Old Steeple** (\$10).

Pitching Tents, "an '80s coming-of-age comedy," tells the story of an aspiring artist with a father who wants him to get a factory job and a guidance counselor who wants him to go to college. And, of course, a girl. The movie stars a team of young actors and veterans (Jonathan Lipnicki, Michael Grant, Booboo Stewart, Samantha Basalari, Eric Allan Kramer, Richard Riehle and Vincent Pastore). Cooney, who directed the film, says, "*Pitching Tents* is a heartfelt film about teenage fun, following your dreams and having hope for the future." He adds, "I'm very excited to bring this film back to my hometown where I was given the ability to follow my own dreams of being a filmmaker."

If you can't make it out to the Old Steeple on Saturday, you'll have another chance to see the director's (and stars') dreams in action when **Pitching Tents** screens again **Wednesday, April 26 at 8 p.m.** at the **Mill Creek Cinema** (\$10).

— Kali Cozyris

20 Thursday

ART

Art Graduates Exhibit Reception/Awards Ceremony. 5-6:30 p.m. Reese Bullen Gallery, Humboldt State University, Arcata. Features painting, photography, jewelry, sculpture, printmaking and more. Free.

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

Youth Book Group. 3:30-4:30 p.m. Arcata Library, 500 Seventh St. Discover new books with friends. free. sparsons@co.humboldt.ca.us. 822-5954.

LECTURE

First Amendment Forum. 2-3:30 p.m. Kate Buchanan Room, Humboldt State University, Arcata. A discussion on the limits of free speech. Free. mds65@humboldt.edu. 826-3282.

Recovering Pre-go-neesh in Yurok Ancestral Lands. 7-8:30 p.m. HSU Natural History Museum, 1242 G St., Arcata. Chris West, biologist for the Yurok tribe, presents on the California condor (Pre-go-neesh) biology, history, conservation and the cultural importance for Yurok and other Pacific Northwest tribes. Free. mjb11@humboldt.edu. www.humboldt.edu/natmus. 826-4479.

MOVIES

Banff Mountain Film Festival. 7 p.m. Arcata Theatre Lounge, 1036 G St. Celebrating films about mountain life, sport and adventure. TBA, all ages. www.arcatheatre.com.

MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

John Craigie with Cygne. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Americana, folk. Doors at 6:30 p.m. \$25, \$20 advance.

THEATER

On Smoke's Wing. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. In a city devoured by all-consuming war, survivors in limbo struggle against the inevitability of their fate. Presented by second-year MFA students. \$15. info@dellarte.com. www.dellarte.com. 668-5663.

EVENTS

420 World Fest. noon-midnight. Mateel Community Center, 59 Rusk Lane, Redway. Music all day, food, vending, fun. With John Kadlecik (Furthur, Phil and Friends, Dark Star Orchestra, Golden Gate Wingman), Maui Pranksters and more. \$30. www.mateel.org.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. The annual festival features nearly 100 field trips, workshops and lectures as well as a free bird fair with vendors, artists, live birds of prey and family nature crafts. www.godwitdays.org. 826-7050.

Humboldt International Film Festival. Minor Theatre, 1013 H St., Arcata. The world's oldest student-run film festival showcases independent filmmakers' works from around the world over four nights in its 50th year. \$5.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children

ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

MEETINGS

Skatepark Development Meeting. 6:30-8 p.m. McKinleyville Teen Center, 1705 Gwin Road. The McKinleyville Recreation Advisory Committee holds this public scoping meeting regarding the development of a skateboard park at Pierson Park. Free. jensen43@gmail.com. 601-3425.

SPORTS

Roller Derby Free Scrimmage. 7:30-9:30 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Humboldt Roller Derby's monthly official scrimmage. Free. www.redwoodacres.com.

ETC

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. Take a historic house tour of Fern Cottage, the 150-year-old, historic 32-room estate of Joseph and Zipporah Russ. Hourly tours from 11 a.m. to 2 p.m. includes guided and self-guided walks in the gardens. Closes for special events. \$10 for adults, children under 18 free, \$8 if over 62. info@ferncottage.org. www.ferncottage.org. 786-4835.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. Come create with your community. Enjoy an evening of knitting, crocheting or whatever fiber craft you love. Food and drink available and bring something to share. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

21 Friday

DANCE

Community Dance with Kenny Ray and the Mighty Rovers. 6-10 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. All-ages community dance. Doors open at 6 p.m. with beverages, dinner and snacks available for purchase. Music and dancing at 7 p.m. Benefit for the Bayside Grange. \$8, \$5 students and kids under 1. admin@baysidegrange.org. www.baysidegrange.org. 822-9998.

World Dance. 7:30 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances, 7:30-8:30 p.m., request dancing 8:30-9:30 p.m. \$3. g-b-deja@sbcglobal.net. www.stalbansarcata.org. 839-3665.

LECTURE

Highlights of Humboldt History. 7-8 p.m. Dow's Prairie Grange Hall, 3995 Dow's Prairie Road, McKinleyville. Jerry and Gisela Rohde revive the famous Chautauqua traveling lecture and entertainment programs that covered the country a century ago. Free. www2.humboldt.edu/olli/chautauqua. 826-5880.

MUSIC

HSU Symphonic Band. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. Paul Cummings conducts instrumental music inspired by folk and spiritual traditions, as well as poetic and literary inspirations. \$8, \$5 senior/child, free for HSU students with ID. patrick@humboldt.edu. 826-3531.

Continued on next page »

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Moonshine Bandits. 9 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Hip-hop and country \$30, \$25 advanced. www.mateel.org.

The Arianna String Quartet. 7:30 p.m. Calvary Lutheran Church, 716 South Ave., Eureka. Internationally acclaimed artists perform Haydn's Quartet in A Major, Op.20, No.6, Brahms' Quartet in A Minor, Op.5, No.2 and Dvorak's Piano Quintet in A Major, Op.81. With guest pianist Tian Ying. Part of the Eureka Chamber Music Series. \$30, \$10 seniors, \$5 students, free for children 8 and under with adult. www.eurekachambermusic.org. 445-9650.

Third Friday Blues with Seabury Gould & Friends. 7

p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. Players of acoustic or electric blues are encouraged to bring instruments and participate in this open jam. Refreshments available (donation requested). \$5-\$10 sliding, free for musicians intending to play. www.seaburygould.com. 677-9493.

SPOKEN WORD

The Seven Gill Shark Review Reading. 7 p.m. Humanities Room 110, College of the Redwoods, Eureka. A showcase of original writing by students, faculty, staff and community members. Presentation of original poetry and fiction read by the authors. Free. 476-4370.

THEATER

On Smoke's Wing. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 20 listing.

Real Women Have Curves. 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. A comedy/drama set tiny sewing factory in East L.A., telling the story of five full-figured Mexican-American women. \$10, \$8 students and seniors, free to some students. www2.humboldt.edu/theatre/. 826-3928.

EVENTS

Godwit Days Opening Reception & Lectures. 5 p.m.

Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Mingle and munch while perusing vendor booths, nonprofit organization tables, a show by Arcata Artisans and over 800 pieces of bird art submitted by Humboldt County students. Following the reception at 6:30 p.m., the fourth annual Humboldt County Bird of the Year award will be presented, followed by two free lectures. Free.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 20 listing.

Humboldt International Film Festival. Minor Theatre, 1013 H Street, Arcata. See April 20 listing.

IdeaFest. 3-5 p.m. Humboldt State University Library, 1 Harpst St., Arcata. Showcase of more than 130 students and faculty presentations from HSU's three colleges, including poster presentations, film screenings, music and theater performances. Refreshments served. Free.

FOR KIDS

Baby Read and Grow. Third Friday of every month, 11-11:45 a.m. Eureka Main Library, 1313 Third St. Share songs, fingerplays and short stories followed by play with developmentally appropriate toys and socializing for parents and children. Sponsored by First 5 Humboldt. Free. 269-1910.

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

OUTDOORS

Birding for Godwit Days. 8:15 a.m.-12:15 p.m. Freshwater Farms Reserve, 5851 Myrtle Ave., Eureka. Join Northcoast Regional Land Trust staff Connie Low and local bird guide Kate Howard for a birding tour and discussion on this home to hawks, waterfowl, songbirds and a barn owl. Reserve a spot online. Free.

Wetlands for Wildlife. 12-4 p.m. Shay Park, Corner of Foster Avenue and Alliance Road, Arcata. Plant native wetland species and celebrate the park's certification as a Wildlife Habitat. Please bring water bottles and wear work clothes. Snacks, dinner and gloves provided. Free. stephanie.barron@ccc.ca.gov. (540) 903-9054.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

Roller Skating. 6-8:30 p.m. Eureka Municipal Auditorium, 1120 F St. \$5.25, \$4.50 ages 17 and under.

ETC

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 20 listing.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.NorthCoastPeoplesAlliance.org.

22 Saturday

BOOKS

Cuentos Para Niños. Fourth Saturday of every month, 3-4 p.m. Fortuna Library, 753 14th St. Biblioteca de Fortuna presente una hora de cuentos para las familias cada mes. Libros gratis para cada niño. An hour of stories

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Earth Day Sunflower Storytime and Music Fest with Michael Fles. 11 a.m.-2 p.m. Arcata Library, 500 Seventh St. Plant a sunflower in the library garden, see instruments from around the world and play one for yourself. sparsons@co.humboldt.ca.us. 822-5954.

DANCE

VaVaVoom Sixth anniversary Extravaganza. 9 p.m.-midnight. Eureka Theater, 612 F St. Celebrate with local vixens and guest performers Jamie Bondage, Tribal Oasis, Amber Lust and Venus ManTrap. Emceed by Mr. Drag King Humboldt 2016, Hugh Johnson. \$25-\$15. vavavoomburlesquevixens@gmail.com. www.theeurektheater.org. 476-8282.

MOVIES

Pitching Tents NorCal Premiere. 8-10 p.m. The Old Steeple, 246 Berding St., Ferndale. A coming-of-age comedy about a high school senior struggling to figure out his future. Directed by Ferndale native Jacob Cooney. \$10. ferndalemusic@yahoo.com. 786-7030.

MUSIC

House of Floyd. 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Pink Floyd concert experience: an evening of Pink Floyd. \$38, \$36 senior/student/military, \$20 children.

HSU Calypso Band, Percussion Ensemble, World Percussion Group Concert. 8-10 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Traditional and contemporary music, West African rhythms and the steel drum sounds of Caribbean calypso. Directed by Eugene Novotney and Howard Kaufman. \$10, \$5 senior/child, \$3 HSU students with ID. patrick@humboldt1.com. 826-3531.

Peaking Lights. 8 p.m. Morris Graves Museum of Art, 636 F St., Eureka. electronic pop psychedelia \$10. www.humboldtarts.org.

THEATER

Cirque Du Schwazee. 7 p.m. Arcata Playhouse, 1251 Ninth St. An evening of circus and variety entertainment with kids and adults as a benefit for the Playhouse youth programs. Bandemonium and Giant Puppets dance out front at 6 p.m. with the Sideshow Midway inside. \$12, \$8 kids 12 and under.

On Smoke's Wing. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 20 listing.

Real Women Have Curves. 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 21 listing.

EVENTS

Antique and Art Show. 9 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Local and out of the area dealers/collectors of antiques, vintage, garden, jewelry, art, ceramics, Native American baskets, primitive and more. www.redwoodacres.com.

Earth and Space Discovery Day. 11 a.m.-3 p.m. HSU Natural History Museum, 1242 G St., Arcata. A hands-on science day to learn about our planet and solar system on Earth Day. Join activities developed by NASA and the National Institute for Science Education and see the sun and moon through telescopes from Astronomers of Humboldt. \$5 per participant, \$2 for members. mjb11@humboldt.edu. www.humboldt.edu/natmus. 826-4479.

Farm Brewery Seed Exchange. 2-6 p.m. Humboldt Regeneration Brewery, 2320 Central Ave. Unit F, McKinleyville. Community members are bringing in parts of their local seed stock to trade with others, pick some

Continued on next page »

EPIPHANY ARTISTS 24TH ANNUAL SUMMER SOLSTICE & WORLD PEACE CELEBRATION

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JUNE 16, 17, 18 MENDOCINO COUNTY FAIRGROUNDS BOONVILLE, CA

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EXCO LEVI - I-TAWEH - BOONFIRE
IN THE DANCEHALL
PAOLO BALDINI DUBFILES - COMANCHE HI-POWER

SATURDAY
CAPLETON - TARRUS RILEY- ANTHONY B - MACKA B - DENNIS BOVELL - CHRISTOPHER ELLIS
GENERAL ROOTS - KEITH & TEX - NST & THE SOUL SAUCE - MARLA BROWN
SARITAH - LOS PINGUOS - I-TAWEH - TALKING DREADS - THE ELEVATORS
IN THE DANCEHALL
LEE 'SCRATCH' PERRY & SUBATOMIC SOUND SYSTEM
DENNIS BOVELL - JAH WARRIOR SHELTER HI FI

SUNDAY
BARRINGTON LEVY - THIRD WORLD - HORACE ANDY - THE BLACK SEEDS
GAPPY RANKS - LAKOU MIZIK - SINKANE - NST & THE SOUL SAUCE
EASTERN STANDARD SOUNDS - ARDEN PARK ROOTS - SOUL SKA
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Calendar

Continued from previous page

up or drop some off for others. Free. Humboldtregeneration@gmail.com. www.Humboldtregeneration.com. 738-8225.

Food and Wine Pairing Benefit. 6 p.m. Eureka Woman's Club, 1531 J St. Enjoy a five-course meal, five pours of wine, live art, a silent auction and more. Hosted by Lost Coast Rotaract. Benefits InspireONE. Email for tickets. \$50. cendejasm811@gmail.com. www.eureka-womansclub.org.

Godwit Days Activities. 10 a.m.-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Vendor booths, live hawks and owls from Humboldt Wildlife Care Center, silent auction, field trips, kayak trips, family nature crafts and more. Check www.godwitdays.org for event schedule. Free. www.godwitdays.org. 826-7050.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 20 listing.

Humboldt International Film Festival. Minor Theatre, 1013 H Street, Arcata. See April 20 listing.

Humboldt Orchid Society Show and Sale. 10 a.m.-5 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. A display and sale of orchid species and hybrids, carnivorous plants and African violets. Bring your camera and macro lens. Suggested donation of \$2.

Living History Day at the Clarke Museum. 12-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Hands-on learning and demonstrations of basket weaving, Yurok dugout canoe making, hand quilt making and carving with traditional tools. Free. jpino@clarkemuseum.org. www.clarkemuseum.org/living-history-day.html. 443-1947.

Humboldt March For Science and Expo. 9 a.m.-5 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Learn about science-based programs and issues at the Science Expo, listen to speakers at a rally at 2 p.m. and then march through Arcata (route TBA). Following the march, break-out sessions for small group discussion (ie, "what do we do next") will occur in the D Street Neighborhood Center between 4-5 p.m. Free.

Party for the Planet. 12-5 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Celebrate Earth Day with a free day at the Zoo. Free. www.sequoiaparkzoo.net.

Peace and Planet Before Profit. 4:30-6:30 p.m. D Street Neighborhood Center, 1301 D St., Arcata. Women's International League for Peace and Freedom presents *Crude Beyond Belief*, a documentary about the effects of petroleum and natural gas production. Q & A after the film. Light refreshments. Quilt raffle benefiting the Edilith Eckart Peace Scholarship. Donations accepted.

Redwood Acres Home Garden and Recreation Show. 9 a.m.-5 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Meet home improvement professionals, get advice on home and landscaping projects and see the newest outdoor equipment. Bring items for appraisal at the Antique Show and hear live music with the whole family. Free. www.redwoodacres.com/. 445-3037.

FOR KIDS

Godwit Days Family Nature Crafts. 11 a.m.-1 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Families can join Friends of the Arcata Marsh for free drop-in nature activities during Godwit Days, including decorating clay bird ornaments, making handprint doves, painting rock owls, crafting bird hats, assembling wooden bird calls and making oyster shell magnets. All children must be accompanied by a responsible adult. Free.

Story Time with Kathy Frye. Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave.

Featuring puppets and more designed for children ages 0-5. Free. riohuml@co.humboldt.ca.us. www.facebook.com/RioDellLibrary. 764-3333.

FOOD

Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. The North Coast Growers' Association Farmers' Market features fresh fruits and vegetables, humanely raised meats and eggs, goat cheese, honey, nursery starts for the garden, native and ornamental plants, flowers, fiber, prepared food, live music and more. Free. www.humfarm.org.

GARDEN

A Docent in the Botanical Gardens. 10 a.m.-noon. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Max Abrahamsen gives a fascinating talk on being a docent in the Botanical Garden and Eric Nelson leads an informative walk though the wildlife refuge focusing on wetland plants and restoration. Coffee and refreshments provided. HBGF@HBGF.ORG. www.HBGF.ORG. 442-5139.

HOLIDAY EVENTS

Encore Easter Concert. 7:30 p.m. Christ Episcopal Church, 15th and H streets, Eureka. The Ferndale Community Choir performs sacred songs of the season.

MEETINGS

Community Meeting for Kinetic Volunteers. 12-2 p.m. Kinetic Museum, 518 A St., Eureka. Learn about the Kinetic Kookiness of the race, assist in the plan of attack and get ready for Kinetic season. Free. kinetic.volunteers@gmail.com. www.kineticgrandchampionship.com. 733-3841.

Manufactured Home Owner Rights. 10 a.m.-4 p.m. Rohner Grange 509, Rohnerville Rd. and Kenmar, Fortuna. MHAAction.org, a national organization that teaches manufactured home owners how to protect their rights and investments, presents this training. Please RSVP by text or call with name, email and phone number. Lunch provided. Free. www.actionnetwork.org/events/free-manufactured-homeowners-training. 298-7290.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. The 2 p.m. on Saturday, April 22 tour is canceled. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet walk leader Christine Keil in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

Docent Training for Hike Season. 10:30 a.m.-2:30 p.m. Sanctuary Forest Office, 315 Shelter Cove Road, Whitethorn. Learn to open and close hikes, introduce hikers to Sanctuary Forest, assist hike leaders, keep track of hikers, basic first aid and more. Lunch provided. No obligation or experience necessary. RSVP by phone or email. Free. anna@sanctuaryforest.org. www.sanctuaryforest.org/. 986-1087.

Earth Day Restoration and Clean Up. 9 a.m.-1 p.m. Trinidad Head, Trinidad State Beach. Remove weeds and graffiti, clean up shoreline, plant native vegetation, fill eroded trails, repair boardwalks, install solar lights and more. Free. 9 a.m.-1 p.m. Usal Beach Campground, Sinkyone Wilderness State Park, Whitethorn. Remove weeds and graffiti, clean up shoreline, plant native vegetation, fill eroded trails, repair boardwalks, install solar lights and more. Free.

Volunteer Trail Stewards. 9 a.m.-1 p.m. Arcata Community Forest, Union Street. Celebrate Earth Day by helping build a trail at the Jolly Giant Dam in the Arcata Community Forest. Meet at 9 a.m. near 955 East California Ave. Wear a long sleeve shirt, work pants and boots and bring rain gear and water. Gloves, tools, snacks and beverages provided. eservices@cityofarcata.org. 25-2163.

Whitewater Raft and Paddle. 9 a.m.-8 p.m. Center Activities, 1 Harpst St., Arcata. All levels welcome. Rafts, inflatable kayaks and hard shells available (with instructor approval). The stretch of river will be determined at the pre-trip and based on participant experience. \$120, \$100 HSU students. cntract@humboldt.edu. 826-3357.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See April 21 listing.

Roller Skating. 6-8:30 p.m. Eureka Municipal Auditorium, 1120 F St. See April 21 listing.

ETC

Car Seat Recycle Drop Off. 11 a.m.-2 p.m. Fortuna High School, 379 12th St. Car seat recycle drop off in the main Fortuna High Parking Lot on 12th Street. Bring any old, outdated or unusable seats and recycle them. Free. 445-6030.

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 20 listing.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

23 Sunday

DANCE

Paul Taylor Dance Company. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. The visionary, world-renowned ensemble brings sensuous, provocative and humorous dance pieces. \$46.

MOVIES

The Little Prince (1974). 8 p.m. Arcata Theatre Lounge, 1036 G St. A musical fantasy based on the classic Antoine de Saint-Exupery children's parable. \$5. www.arcatatheatre.com.

MUSIC

Alasdair Fraser & Natalie Haas. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. Scottish fiddle \$25.

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Song Village. 1-3 p.m. Westhaven Center for the Arts, 501 S. Westhaven Drive. A monthly informal gathering led by Seabury Gould. Singers are encouraged to bring the songbook "Rise Up Singing." All ages welcome including families with children. Free. www.seaburygould.com. 845-8167.

Spiritus: A Recital by PianoVoce. 3 p.m. Trinidad Town Hall, 409 Trinity St. Including *From the Bohemian Forest*, by Antonin Dvorak and Carlisle Floyd's *Pilgrimage: Solo Cantata on Biblical Texts*. Benefits the Trinidad Library. \$15 suggested donation.

THEATER

On Smoke's Wing. 8 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See April 20 listing.

EVENTS

Antique and Art Show. 9 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See April 22 listing.

Godwit Days Activities. 10 a.m.-3 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 22 listing.

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 20 listing.

Great Humboldt Trivia Challenge. Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. www.cheraeheights-casino.com.

Redwood Acres Home Garden and Recreation Show. 10 a.m.-4 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See April 22 listing.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

HOLIDAY EVENTS

Encore Easter Concert. 3 p.m. Ferndale Community Church, 712 Main St. The Ferndale Community Choir performs sacred songs of the season.

OUTDOORS

Mad River Alliance River Cleanup. 9 a.m.-noon. Stardough's Café, 448 Railroad Ave., Blue Lake. Meet at 8:45 a.m. Free.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. www.nugamesonline.com. 497-6358.

24 Monday

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music. Tonight dance to Sonny Curtis, Old Time Rock & Roll. \$5. www.facebook.com/humboldt.grange. 725-5323.

MUSIC

Balkan/Eastern European Music Meetup. 7-8:30 p.m. The Sanctuary, 1301 J St., Arcata. Come sing and play songs from the Balkans and Eastern Europe. All voice levels and instruments are welcome. Singing at 7 p.m., singing and instruments at 7:30 p.m. and instrumental

parts at 8 p.m. \$1-3. linneamandell@gmail.com. 496-6784.

EVENTS

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 20 listing.

MEETINGS

Humboldt Bay Bicycle Commuters Association. 6 p.m. Carmela's, Arcata, 1288 G St. The meeting begins with an optional dinner. Suggest agenda items to Rick Knapp via email. The agenda includes Bike Month Humboldt 2017. info@humbike.org. www.carmelasrestaurants.com.

Humboldt Harmonaires Weekly Gathering. 7-9:30 p.m. First Congregational United Church of Christ, 900 Hodgson, Eureka. Sing four part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. Singing at 7 to 9:30 p.m., with snacks and coffee break at 8:20 p.m. Free. singfourpart@gmail.com. 445-3939.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

25 Tuesday

LECTURE

Creating Welcoming Communities for Underrepresented People. 6-8 p.m. Kate Buchanan Room, Humboldt State University, Arcata. A panel of alumni of color and other underrepresented groups discuss their strategies for surviving and thriving in the local communities. Free. kw1@humboldt.edu. 826-5656.

Lori Dengler. 6 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. HSU Geology Department's Lori Dengler talks earthquakes and her book *The Extraordinary Voyage of Kamome*, the Japanese tsunami boat that washed up on the North Coast. Seating is limited. To reserve a place call 826-2359 or email AMIC@cityofarcata.org. Free.

MOVIES

Library Film Series: FEUD: Bette Davis vs. Joan Crawford. 6:30 p.m. Eureka Main Library, 1313 Third St. Featuring *What Ever Happened to Baby Jane?* hosted by Journal arts and features editor Jennifer Fumiko Cahill. Free.

EVENTS

Godwit Days Spring Migration Bird Festival. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See April 20 listing.

FOR KIDS

Arcata Family Resource Center Playgroup. 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See April 23 listing.

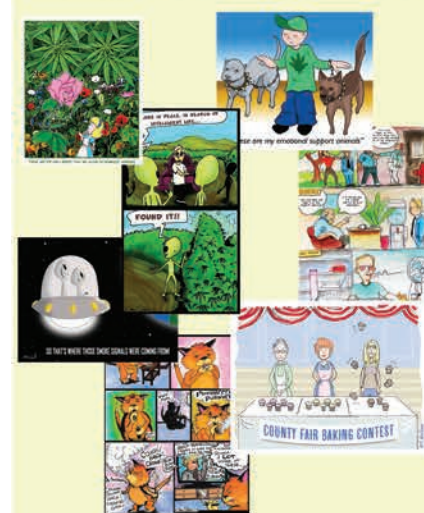
OUTDOORS

Slower-Speed Arcata Marsh Tour. Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary

Continued on next page »



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Calendar

Continued from previous page

Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

Lunch with Laura. 12-2 p.m. NorthCoast Knittery, 320 Second St., Eureka. Bring your favorite fiber craft project (or come find a new one) and a snack or sack lunch. Free. info@northcoastknittery.com. www.northcoastknittery.com. 442-9276.

COMEDY

Savage Henry Comedy Night. 9 p.m. The Jam, 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

Comedy Night. 9-11 p.m. Vista Del Mar, 91 Commercial St., Eureka. Featuring Butch Escobar and Ian Kung with local talent; James Stephen and Pete Andrew Nelson. Hosted by Ivy Vasquez. A \$5 suggested donation is encouraged. vistadelmarbar@gmail.com. 443-3770

26 Wednesday

BOOKS

Harry Potter Reading. 3:30-4:30 p.m. Fortuna Library, 753 14th St. High school students read out loud from the *Harry Potter* series. All ages of wizards and muggles welcome. Free. forhuml@co.humboldt.ca.us. 725-3460.

Storytime with Ms. Sue. 11-11:30 a.m. Arcata Library, 500 Seventh St. Music, activities, stories. free. sparsons@co.humboldt.ca.us. 822-5954.

LECTURE

Lessons Learned from Years of Service. 5-7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. HSU's Noah Zerbe shares his experiences at Humboldt State. Free. tmb419@humboldt.edu. 826-3722.

MOVIES

Pitching Tents. 8-10:15 p.m. Mill Creek Cinema, 1575 Betty Court, McKinleyville. A heartfelt coming-of-age comedy about a high school senior struggling to figure out his future. \$10. 443-3456.

Sci Fi Night ft. *The Time Guardian* (1987). 6 p.m. Arcata Theatre Lounge, 1036 G St. A city in the far future is besieged by murderous cyborgs. Free w/\$5 food/bev purchase. www.arcatatheatre.com.

MUSIC

DunkelpeK. 8-10 p.m. The Sanctuary, 1301 J St., Arcata. An evening exploring sound, silence and the distance between the two, with Oakland-based duo DunkelpeK and the Sanctuary Furniture Ensemble. \$5-20. music@sanctuaryarcata.org. 822-0898.

Tom Russell. 7:30 p.m. The Old Steeple, 246 Berding St., Ferndale. singer/songwriter \$30.

FOR KIDS

Lyndsey Battle Folk Concert. 6:30-7:30 p.m. Fortuna Library, 753 14th St. Singer/Ukelele player performs a free family show, with songs from "Growing Up Hum-

boldt." 725-3460.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

CASA Advocate Training. 6-9 p.m. CASA of Humboldt, 2356 Myrtle Ave., Eureka. Train to become a voice for foster children, supporting them as they go through the courts and giving them a better chance of being raised in safe, nurturing homes where they can grow and thrive. andrea@humboldtcasa.org. 443-3197.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslncrp@northcoast.com. www.baysidegrange.org. 444-2288.

Ophthalmology Community Health Forum. 5:30-7:30 p.m. Fortuna Monday Club, 610 Main St. Meet local physicians and specialists and take part in Q and A sessions. Lite bites and coffee will be served. Free. Susan. VogtButch@stjoe.org. 269-4205.

Swing into Spring Card Party. Noon. Eureka Woman's Club, 1531 J St. Join the Cards Department of the Eureka Woman's Club for snacks, desserts and card games such as Shanghai, bridge and cribbage. Prizes for the top two players given. \$5 suggested donation. www.eurekawomansclub.org.

27 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See April 20 listing.

BOOKS

A Novel Idea Book Group. 6:15-7:30 p.m. Arcata Library, 500 Seventh St. Discover new books and friends. April's book is *Americanah* by Chimamanda Ngozi Adichie. Free. sparsons@co.humboldt.ca.us. 822-5954.

LECTURE

Defending Giants: The Redwood Wars. 5:30-7 p.m. Founders Hall 118, Humboldt State University, Arcata. As part of the Sustainable Futures Speaker Series, Darren Speece present, *Defending Giants: The Redwood Wars and the Transformation of American Environmental Politics*. Free. envcomm1@humboldt.edu. https://envcomm.humboldt.edu/spring-2017. 826-3653.

General Plan Process Panel. 7 p.m. Humboldt County Office of Education, 901 Myrtle Ave., Eureka. The League of Women Voters of Humboldt County will present two panels to review the Humboldt County General Plan update process. This panel will address the future and how the update process can be improved. Panel members TBA. Free.

THEATER

Real Women Have Curves. 7:30 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See April 21 listing.

Third. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. At a small liberal arts college in New England, professor Laurie Jameson's personal and political

Calendar

Continued from previous page

ideologies are challenged by a young student at the same time she is facing generational and family issues at home. \$10-\$22.

EVENTS

ARS Spring Convention - Rhododendrons in the Redwoods. 10 a.m. to 9 p.m. Red Lion Hotel, 1929 Fourth St., Eureka. Eureka hosts the annual international convention of the American Rhododendron Society. www.redlion.com/our-hotels/california/eureka.

FOR KIDS

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See April 20 listing.

OUTDOORS

Tall Ships. Bonnie Gool Dock, Halvorsen Park, Eureka. The Lady Washington and the Hawaiian Chieftain embark on family-oriented adventure sails, exciting battle sails and romantic evening sails. Tours are also available. Through May 7. See website for ticket info. ghhsa_admin@historicalseaport.org. www.historicalseaport.org. (800) 200-5239.

ETC

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See April 26 listing.

Fern Cottage Tours. 11 a.m.-3 p.m. Fern Cottage, 2121 Centerville Road, Ferndale. See April 20 listing.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See April 20 listing.

Rotary Youth Exchange Program Information Night. 6-7:30 p.m. Eureka High School Lecture Hall, corner of Humboldt and K streets. An informational program for students and parents interested in the Rotary Youth Exchange Program. Free. eurekaclubs@ye5130.org. www.ye5130.org/information-nights. 572-4101.

Journal Pitch and Pour. 5:30-7 p.m. Eureka Inn Palm Lounge, 518 Seventh St., Eureka. Got a tip, a question or just something you think we should know? Bring your two cents, pull up a stool and tell news editor Thadeus Greenon and arts and features editor Jennifer Fumiko Cahill what's on your mind. Free.

Sip & Knit. 6-8:30 p.m. NorthCoast Knittery, 320 Second St., Eureka. See April 20 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See April 20 listing.

What the Heck is a Soroptimist, Anyway?. 6:30-8:30 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Learn the history of this world-wide movement and get involved. Watch *Girl Rising* documentary narrated by Meryl Streep. All-ages bar opens at 6:30 p.m. Free. Lynniearte@aol.com. www.dellarte.com. (510) 825-8334.

Heads up ...

Artists are invited to submit a maximum of two pieces for the fifth annual Area 1 Agency on Aging "Being Here Now" judged and juried art show. Cash prizes of \$200, \$150, and \$100 will be awarded at 6 p.m. on May 6. Submission fee is \$15/art piece. Only art not previously shown at this venue will be accepted. Final Art Drop-off Date: Friday, April 28, 2017 at AIAA from 9 a.m.-4 p.m. (no late entries).

The Synopsis Collective announces a call for art for the May 2016 art show, featuring feminist art and/or political art that critiques patriarchy or capitalism. Art submissions can be any size. Please bring art, ready for hanging, to Synopsis Nova, 212 G St., Suite 102, Eureka, on Thursday May 4, 11:30-4.

Dr. Seuss-themed art show call to artists at the Eureka Library. Intake: April 26 from 9 a.m. to 3 p.m. at 527 Second St., Eureka. Size limit: 3-by-5 1/2 feet. Contact: Dana Ballard at 801-949-3262.

The city of Arcata invites youth of all ages to think about "Why Water's Worth It to Me" and create an entry for this year's Water Week poster contest. Submissions using crayon, paint or any artistic medium on white, 8-1/2- by-11-inch paper are due by 5 p.m. on Thursday, May 11. Posters can be turned in to any local school office, or mailed or delivered to Arcata City Hall.

Arcata Play Center will be distributing 40 free child safety car seats on April 10 and 12. Interested families can schedule an appointment by visiting the Arcata Play Center on Mondays, Tuesdays or Wednesdays between 10 a.m. to noon at the D Street Neighborhood Center.

Low-cost firewood vouchers will start being sold on May 2 at the Humboldt Senior Resource Center, 1910 California St. in Eureka. Call 443-9747 ext. 1228 or ext. 1240.

Arcata Fire District is seeking a community minded individual interested in participating in local government to serve on an elected five-person Board of Directors. Visit www.arcatafire.org to download an application. For more information, call 825-2000.

Interested in volunteering for EPIC? Contact Briana Villalobos, briana@wildcalifornia.org or call 822-7711 to be added to the volunteer list.

Humboldt Junkies is looking for vendors and vintage Glampers owners for its vintage market and trailer rally in June. Visit www.humboldtjunkies.com.

Headwaters Fund mini-grants available for projects to promote local economic development. For more information call 476-4809 or visit www.humboldt.gov.org/2193/Mini-Grants.

The Morris Graves Museum of Art seeks volunteer greeters for Friday and Saturday afternoons, noon-2:30 p.m. and 2:30-5 p.m. Contact Museum Programs Manager Janine Murphy at janine@humboldtarts.org or 442-0278, ext 202.

The Arcata City Council seeks volunteer members for Arcata's new Public Safety Task Force. Applications are available online at www.cityofarcata.org, and at the City Manager's Office, 736 F St., Arcata, during business hours. Applications accepted until positions are filled. Call 822-5953.

AARP tax volunteers needed. No tax return experience needed, but volunteers should have basic computer skills. Call 268-3972 or 362-0759, or visit www.aarp.org/taxaide.

The McKinleyville Community Services District announces two regular voting member vacancies and one alternate member vacancy on the Recreation Advisory Committee. Mail letters of application to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks and Recreation Office at 839-9003.

North Coast Community Garden Collaborative seeks donated garden supplies, monetary donations and/or volunteers. For more information, contact 269-2071 or debbiep@nrsrca.org.

Volunteers needed for the Arcata Marsh Interpretive Center. Call 826-2359 or email amic@cityofarcata.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502. ●



Filmland



When only your pets get you. *The Zookeeper's Wife*

Escape/Escapism

The Zookeeper's Wife and *The Fate of the Furious*

By John J. Bennett

filmiland@northcoastjournal.com

REVIEWS

THE ZOOKEEPER'S WIFE. Period drama can, and in this case does, provide a respite from the breakneck editing and handheld camerawork that have subsumed the modern cinematic lexicon. It can give its creators an opportunity to focus on details of set design and costuming and language that, in a contemporary setting, might not merit more than a second glance from whoever's job it is to ensure continuity from shot to shot. By being set in a bygone time, in other words, it almost requires a bygone style of moviemaking. Given a good script and cast, this can make a successful example all the more satisfying. This one, based on actual events and adapted from Diane Ackerman's book by Angela Workman and directed by Niki Caro (*Whale Rider*, 2002; *McFarland USA*, 2015) generally succeeds in all the details, in its re-creation of a time in place and its application of style. But somewhere in the transition from actual events to nonfiction narrative to fictional storytelling, some of the visceral stuff of the story — the at-

once repulsive and compelling horrors of the time — is lost.

In 1939 Warsaw, Poland, Jan (Johan Heldenbergh) and Antonina (Jessica Chastain) Zabinski operate a small but well-curated zoo. They are passionate about their work and deeply in love, and they have a young son, Ryszard (Timothy Radford) — who gets to sleep with lion cubs in his bed! Of course, in the background, a despot with a head full of mystical hogwash is making moves to take over the world. The war comes to Warsaw in short order, bringing with it the ghettoization of the city's Jewish population and the shuttering of the zoo. This terrible sea change also brings Lutz Heck (Daniel Bruhl) back into the lives of the Zabinskis. A second-generation zookeeper and friend of the family, Heck has risen to prominence as Hitler's head of zoology. Sweeping in as benefactor, he offers to transport the zoo's rare and prized animals back to safety in Germany and allows the Zabinskis to stay on and operate the facility as a pig farm, raising meat

Continued on next page »

Filmland

Continued from previous page

for the occupying army. He then goes on to assist in the slaughter of many of the remaining zoo animals and make uncomfortable advances toward Antonina. What a guy. As weeks wear on into months, Jan and Antonina devise a plan to smuggle a few people at a time out of the ghetto and harbor them in their home until they can be delivered to safety. Eventually, as the prospect of liberation by the allies becomes real, Jan takes on a more active role in the resistance and is separated from his family. This leaves Antonina, Ryszard and the family's anti-Nazi efforts all the more vulnerable to discovery.

It shouldn't be noteworthy, standing as we do in 2017, but *The Zookeeper's Wife* is unique for having been written, directed and executive produced (Chastain) by women. I celebrate that in and of itself, but as a comment on contemporary culture it is pretty shameful.

For its many successes in atmosphere and style and performance, the movie never really finds its footing in terms of narrative pace and tone. Events unfold too slowly or feel rushed, the emphasized beats often feel mistimed and its intended moral ambiguity plays more as lack of development. And (maybe it's just me) Chastain's Polish accented English, while well-enough executed, is a distracting, distancing choice.

More to the point, *The Zookeeper's Wife* never really confronts the darker, more awful aspects of its specific setting, relying instead on well-intended oblique visual references (a pile of suitcases left behind at the train station, a cutaway when Heck kills a bald eagle with a pistol) to convey gravity. As much as I found to like about the movie, it does not feel resonant of significant in and of itself. It was, however, a depressing and constant reminder that 70-plus years of history haven't taught us all that much, socially or politically. PG13. 126M. BROADWAY, MILL CREEK.

THE FATE OF THE FURIOUS. Since 2003 (when *2 Fast 2 Furious* was released), the prospect of another sequel has given me something to look forward to. And even as each installment has moved further from the corny, gasoline-tinged B-movie splendor of the original, each has also added some new dimension to delight the child-like movie fan in me, if not the gearhead.

Somewhere around 2009, we got to the point where these became over-the-top action movies prominently featuring cars, rather than car movies with action sequences. And I'm OK with that. That progression continues apace with this, the eighth iteration, directed by F. Gary Gray (*Friday*, 1995; *Straight Outta Compton*, 2015). It contains the most outsized, bananas-ridiculous action set-pieces yet, with tanks, a nuclear submarine and a horde of "zombie cars" all coming into play. I find it be undeniably fun, if a little divorced from the joys I derive from the earlier movies.

In brief, Dominic (Vin Diesel) and Letty's (Michelle Rodriguez) Cuban honeymoon is interrupted — not before a suitably nutty racing sequence — by a call to get the team back together. Luke Hobbs (Dwayne Johnson) has been enlisted by Mr. Nobody (Kurt Russell) to do some covert skullduggery with the assistance of bunch of SoCal street racers *cum* international operatives. Of course. Hobbs ends up in prison and Dom falls under the sway of a dastardly hacker (Charlize Theron) and her own haircut convention of a crew. Many things blow up and are crashed. Jason Statham finally gets the action sequence he deserves; it involves a baby. PG13. BROADWAY, FORTUNA, MILL CREEK.

—John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Previews

AN AFFAIR TO REMEMBER (1957). Cary Grant and Deborah Kerr make you cry from the top of the Empire State Building. NR. 115M. BROADWAY.

BORN IN CHINA. Live action documentary follows panda, monkey and snow leopard families in the wild. With John Krasinski, thankfully narrating and not cast as a panda. G. 76M. BROADWAY.

THE CASE FOR CHRIST. An atheist journalist tries to disprove the existence of God after his wife finds Jesus. You won't believe what happens. Starring Mike Vogel, Erika Christenson and Faye Dunaway. PG. 112M. FORTUNA.



Out of Pepsi. *The Fate of the Furious*

FREE FIRE. A warehouse gun buy in 1970s Boston descends into a prolonged shootout in this action movie starring Brie Larson, Armie Hammer and the ugliest suits you've ever seen. R. 130M. BROADWAY.

GIFTED. Chris Evans stars as an uncle raising his gifted niece (McKenna Grace) and fighting his own mother for custody. With Jenny Slate and Lindsay Duncan. PG13. 101M. BROADWAY, MILL CREEK.

GROW HOUSE. Clueless dudes (DeRay Davis, Lil' Duval) try to cash in on the Green Rush to pay their debts. Or you could just watch your neighbors. Also starring Snoop Dogg — presumably paid in pounds. R. 86M. BROADWAY.

PHOENIX FORGOTTEN. Blair Witch meets Area 51 in this found-footage horror/sci-fi flick set in Arizona two decades after a UFO sighting. PG13. 80M. BROADWAY, MILL CREEK.

THE PROMISE. A medical student (Oscar Isaac) and a journalist (Christian Bale) vie for the same Armenian woman (Charlotte LeBon) on the cusp of the Armenian genocide. PG13. 132M. BROADWAY, MILL CREEK.

THE SENSE OF AN ENDING. A man inherits a diary that has him revisiting old wounds and mysteries. Starring Jim Broadbent and Charlotte Rampling. PG13. MINOR.

SHOT! THE PSYCHO-SPIRITUAL MANTRA OF ROCK. Documentary about iconic, hard-living rock photographer Mick Rock. 135m. MINOR.

UNFORGETTABLE. Rosario Dawson and Katherine Heigl throw down as a new stepmother and the crazy ex-wife tormenting her. R. 100M. BROADWAY, MILL CREEK.

YOUR NAME. Japanese anime about teenagers in different towns who swap lives in their dreams. PG13. MINOR.

Continuing

AFTER THE STORM. A has-been author, gambler and private eye tries to bond with

his son after the death of his own father. Starring Hiroshi Abe and Yoko Maki. NR. 117M. MINIPLEX.

BEAUTY AND THE BEAST. The cast, style and scale are impressive, but the moody darkness and slow pacing of this live-action/CG fairytale reboot seems tailored for nostalgic grownups more than kids. Starring Emma Watson and Dan Stevens. PG13. 100M. BROADWAY, FORTUNA, MILL CREEK.

THE BOSS BABY. Fresh from *SNL*, Alec Baldwin voices another business-minded infant in this animated comedy about corporate intrigue. With Steve Buscemi. PG. 97M. BROADWAY, FORTUNA, MILL CREEK.

GOING IN STYLE. Morgan Freeman, Michael Caine and Alan Arkin are old, broke, desperate and starting a late life of crime. PG13. 96M. BROADWAY, FORTUNA.

KIKI. A post-*Paris is Burning* documentary about a drag ball movement for LGBTQ youth of color. Don't try these death drop moves at home. NR. 93M. MINIPLEX.

THE LEGO BATMAN MOVIE. The plastic Dark Knight (voiced by a gravelly Will Arnett) takes on a partner in this brick-filled animated feature. With Micheal Cera. PG. 104M. MINOR.

MY LIFE AS A ZUCCHINI. Claymation story about an orphan who finds friendship and family among other children at a foster home. PG13. 70M. MINIPLEX.

SMURFS: THE LOST VILLAGE. For those adults about to take children to this animated movie, we salute you. With Ariel Winter, Michelle Rodriguez and Joe Manganiello. PG. 89M. FORTUNA.

TRAINSPOTTING 2. The sequel follows up with the schemers, thugs and junkies 20 years on. Starring Ewan McGregor, Johnny Lee Miller and Robert Carlyle. R. 117M. MINOR.

—Jennifer Fumiko Cahill ●

MOVIES & EVENTS

April 21 - 26

Fri Apr 21 – PSYFI, Doors @ 9:30 PM, Check worldfamousparty.com for more information, 21+.

Wed Apr 26 – Sci Fi Night: The Time Guardian (1987), Doors @ 6 PM All ages, Free w/\$5 food & bev purchase.

4/23 – The Little Prince (1974), Doors @ 5:30 PM, Movie @ 6 PM, \$5, Rated G.

Arcata Theatre Lounge

arcatatheater.com • 822-1220 • 1036 G St.

Workshops & Classes

Continued on next page »

List your class – just \$4 per line per issue! Deadline: Friday, 5pm.

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or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard.
Many classes require pre-registration.

Arts & Crafts

BEGINNING PAINTING May 15 – June 14, 2017 M/W 6PM – 9PM \$125 Andrea Castillo teaches an energetic course in the wonders of making paintings! This course is designed for beginners. Students will learn basics of handling acrylic or oil paints and explore a variety of techniques and subject matter. Call 707-476-4500 to register. (A-0420)

BLOCK PRINTING AND SILK PAINTING. Carve your own stamp and create a personalized gift. Wednesdays in Eureka! May 17, 24 and 31, 2017 6:00PM – 8:30PM \$85 April Sproule teaches this introductory class, you will learn all the basics of block printing on fabric and walk away with very own scarf or table runner. No prior experience required, ages 6+ welcome with an accompanying adult. The class fee includes acrylics, carve block, roller and scarf. Call 707-476-4500 to register. (A-0420)

FRESH FLOWERS FOR A MONTH! Every Tuesday for 4 weeks! May 23: Cabbage Bouquets! May 30: Flower Crowns! June 6: Use your own container! June 13: Graduation Leis! 6PM – 8PM \$55/Session or \$200/All four sessions! Taught by Denise Goselin in Eureka! All flowers and materials are included in the cost of the classes with the exception of the "Use your own container!" which asks students to bring a vessel they want to do an arrangement in. Call 707-476-4500 to register. (A-0420)

WATERCOLOR @ PLUM BLOSSOM STUDIO, ARCATA Learn basic watercolor techniques. 5 Fridays: 04/28 – 05/26. Mornings 9:30-12, or afternoons 1-3:30. \$105 (6 spaces) (707) 601-9955 www.thaoart.biz

Communication

CLASS WARFARE CONSIDERED AT LIFETREE CAFÉ Societal class equality at home and abroad will be explored at Lifetree Café on Sunday, April 23 at 7 p.m. The program, titled "Class Warfare: The Unending Struggle for Equality," features filmed interviews with three people who have personally seen and experienced India's caste system. Admission to the 60-minute event is free. Lifetree Café is located at Campbell Creek Connexion on the corner of Union and 13th St., Arcata. Come join the Conversation about life and faith in a casual, comfortable setting. Free coffee and snacks. Contact: 707 672 2919 or boddipert@hotmail.com. (C-0420)

EFFECTIVE MEETINGS WORKSHOP. Leading Organizational & Community Change program. Plan and conduct better meetings. May 11 & 12. \$350. www.humboldt.edu/locc (C-0420)

Dance/Music/Theater/Film

FREE WEST AFRICAN DRUM CLASSES Friday 5:30-7pm. HSU Music Room 131 Contact Joe Bishop 707-601-5347 Drums available to use or purchase (DMT-0427)

GET OVER YOUR FEAR OF ASKING SOMEONE TO DANCE – take a group or private lesson with Dance with Debbie. Our beginning level classes are designed to get people out on the dance floor. Create a group private lesson with some of your friends. We're here to help: (707) 464-3638, debbie@dancewithdebbie.biz (D-0427)

GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-0427)

REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA. Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 www.redwoodraks.com (DMT-0427)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0427)

Fitness

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-0427)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0406)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-0427)

Food & Drink

LEARN MORE ABOUT WINE. "Wine Sensory Evaluation & Service." Sat., April 29, 9am-4pm. Eureka, \$150 includes lunch/field trip. www.humboldt.edu/extended/wine (F-0420)



What's your food crush?

We're looking for the best kept food secrets in Humboldt.

Email your tip (*Is it a burger? A cookie? A fried pickle?*) and we'll check it out for the Hum Plate blog.

Email jennifer@northcoastjournal.com

NCJ HUM PLATE

Humboldt Honey Wine presents

Paint Night "Booze and Brushes" Friday Nights at 6pm



"Mermaid & Moonlight"
Painting for
4/21/17



Partner fish night
Fun for a date
night Or friends
night out
4/28/17



Check in starts at 6pm, we begin painting at 6:30. Reserve your spot by pre pay on our website at www.humboldthoneywine.com or calling us at (707)599-7973.

\$45 per person.
Includes wine tasting & snacks.

Humboldt Honey Wine
735 3rd Street (between H & I) Eureka
(707) 599-7973



50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-0427)

GENTLE YOGA WITH PATRICIA STARR. Learn the basic foundation, correct alignment, conscious relaxed breathing and basic stretches. Mon., May 8 -22, 1-2:30 p.m. OLLI Members \$55. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0420)

MOVEMENT: ESSENTIAL FOUNDATION TO FITNESS WITH COREY JUNG. Learn to feel, move and perform better in activities of daily living to meet your health and fitness goals. Sat., May 6 & Sun., May 7, noon-3 p.m. OLLI Members \$50. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0420)

ZENTANGLE: BEYOND THE BASICS WITH JENNIFER MOREY. Build on the techniques learned in the Introduction to Zentangle class. Sat., May 6, 10 a.m.-noon. OLLI Members \$40. Sign up today! 826-5880 or www.humboldt.edu/olli (O-0420)

Pets & Animals

DOG TRAINING Rally Obedience starts Saturday May 6th @9:30. Basic obedience starts Saturday May 6th @11:30. Puppy class starts Saturday May 27th @1. 443-1183 (P-0427)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12.For more information call 826-1701 or visit arcatazengroup.org. (S-0427)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. Fierro_roman@yahoo.com. www.kdkarcatagroup.org (S-0427)

LEARN TO HEAL; From a talk about Christ Jesus' teachings based on the Bible. "**Never Alone: How Spiritual Ideas Work In Us**", is given by Melanie Wahlberg, a Christian Science Practitioner and Lecturer. Melanie is from Lake Forrest, California. The members of the Eureka and Arcata Christian Science branch churches invite you to attend Dr. Wahlberg's lecture, **on Sunday, April 23, at 1pm. This free presentation will be held at the Wharfinger Building, 1 Marina Way, in Eureka. All are Welcome.** (S-0420)

MEDICINE BUDDHA: Door to Boundless Healing with Lama Bruce Newman. May 12 - 14. \$150. Buddhist study and practice at Rangjung Yeshe Gomde CA in Legget. Register at gomdeusa.org. (S-0511)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. www.tarotofbecoming.com (707) 442-4240 tarotofbecoming@yahoo.com (S-1102)

Summer Fun/General

HSU SUMMER SESSION. Sixty HSU classes open to everyone, from anywhere! Online & in-person. Enroll today! Classes begin May 23. www.humboldt.edu/extended/summer (SF-0420)

STUDY AT THE HSU MARINE LAB! General Oceanography. June 26-July 28, 9am-4pm. Earn credits. Open to anyone, including high school students! www.humboldt.edu/marinelabsummer (SF-0420)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0427)

FREE DEPRESSION SUPPORT GROUP. Feeling hopeless? Free, non-religious, drop-in peer group for people experiencing depression/anxiety. UMCJH 144 Central Ave, McK 839-5691 (T-0810)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0629)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0629)

Vocational

MEDICAL BILLING AND CODING CLASS IN EUREKA! May 16 - August 17, 2017 TUES & THURS 6PM - 9PM. Class offers the skills needed to solve insurance billing problems, manually file claims, trace delinquent claims, appeal denied claims and use generic billing forms. Call 707-476-4500 to register. (V-0420)

SECURITY GUARD TRAINING AND CPR IN EUREKA! May 16 - June 27, 2017 TUES & THURS (CPR Training Sat. May 20 9a- 4p) 6PM - 9PM Job opportunities are local and nationwide. Call 707-476-4500 to register. (V-0420)

Wellness & Bodywork

AYURVEDIC CULINARY ACADEMY Become a certified Ayurvedic Chef! with Traci Webb & Guests, June 7-11, Cost: \$600/module stand alone by May 10, \$700 by June 5, or \$1,650 program discount. Register: www.ayurvedicliving.com, (707) 601-9025 (W-0601)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Medicinal Cannabis Conference. April 29-30, 2017. Advance your knowledge base on Cannabis to the next level with renowned experts in the field! Beginning with Herbs. Sept. 20 - Nov. 1, 2017, 8 Wed. evenings. Learn the basics of herbalism from medicine-making to first aid. Register online www.dandelionherb.com or call (707) 442-8157. (W-0427)

YOUR CLASS HERE



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Legal Notices

**T.S. No. 047669-CA
APN: 004-033-004-000
NOTICE OF TRUSTEES SALE
IMPORTANT NOTICE TO PROP-
ERTY OWNER: YOU ARE IN
DEFAULT UNDER A DEED OF
TRUST, DATED 6/8/2006.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT A PUBLIC
SALE. IF YOU NEED AN EXPLA-
NATION OF THE NATURE OF
THE PROCEEDING AGAINST
YOU, YOU SHOULD CONTACT
A LAWYER**

On 5/16/2017 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 6/20/2006, as Instrument No. 2006-17830-21, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: ESTERLENE WASHINGTON, A WIDOW WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: AT THE FRONT ENTRANCE TO THE COUNTY COURTHOUSE, 825 5TH ST., EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 1430 UNION ST EUREKA, CALIFORNIA 95501 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$170,812.11 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to

Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 047669-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP. 4375 Jutland Drive Suite 200 San Diego, California 92117

4/20, 4/27, 5/4 (17-086)

NOTICE OF SALE PUBLIC AUCTION

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at a public auction by competitive bidding on the 5th of May, 2017, at noon, on the premises where said property has been stored and which are located at South Bay Mini-Storage, 2031 Eich Road, Eureka, County of Humboldt, State of California, as follows. Items to be sold include but are not limited to the following:

Unit#277 Jillian A Burke - household items, misc bags & boxes

Unit#403 Maria L Lietzau - wheelbarrow, washer, crystals and stones

Unit#424 Lisa Evanow - furniture, tools, household items

Unit #511 Albert C Singley - gardening equipment and supplies

Unit#643 Richard C Harvey - hang glider, tool box, front end truck winch

Unit#702 Julie A Henderson - ent center, furniture, misc boxes & bags

Unit#727 Arther Barley - furniture, rocking horse, misc bags & boxes

Unit #737 Janice J Yeater - furniture, engine hoist, jack stand, fishing rod

Unit #750 Michael Presson - truck tires & wheels, fishing equipment, remote ballast system

Purchases must be paid for at the time of purchase in cash only. All purchased items are sold "as is" and must be removed from the premises within 24 hours. Sale subject to cancellation in the event of a settlement between owner and obligated party. Bring a flashlight and padlock(s) Dated this 20th and 27th day of April 2017. CA BOND NO. 0336118

(17-087)

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www.northcoastjournal.com

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 5th of May 2017 at 10:00 am on the premises where said property has been stored and which are located at Four Star Mini Storage at 271 N. Fortuna Blvd., Fortuna, California County of Humboldt the following:

Tera Neilson, unit 7
Jesse Antonsen, unit 16
Dylan Amore, unit 28
Frances Cook, unit 52
Calvin Comarsh, unit 76

Items to be sold include but are not limited to: Antiques, Tools, Household furniture, sporting equipment, books, clothing and miscellaneous household items and boxes and bags of unknown contents. Purchases must be paid in cash at the time of the sale plus a \$100.00 deposit to be returned when the unit is cleaned out. All purchase items sold as is, where is and must be removed on the day of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Four Star Mini Storage, 707-725-0702. Dated this 10th day of April, 2017.

17-090

FICTITIOUS BUSINESS NAME STATEMENT 17-00118

The following person is doing Business as **FERNWOOD FAMILY FARMS / ROWLAND & ASSOCIATES** Humboldt 1397 Fernwood Drive McKinleyville, CA 95519 PO Box 425 Bayside, CA 95524 **Casey J Rowland** 1397 Fernwood Drive McKinleyville, CA 95519

The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ Casey J. Rowland, Owner This statement was filed with the County Clerk of Humboldt County on February 28, 2017 KELLY E. SANDERS Humboldt County Clerk By: SC, Deputy Clerk

3/30, 4/6, 4/13, 4/20 (17-074)

FICTITIOUS BUSINESS NAME STATEMENT 17-00171

The following person is doing Business as **HOOKED KETTLE CORN** Humboldt 875 J St. Apt. 4 Arcata, CA 95521 **Woody A Venard** 875 J St. Apt. 4 Arcata, CA 95521 **Ashley E Smyth** 875 J St. Apt. 4 Arcata, CA 95521

The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ Woody Venard, General Partner This statement was filed with the County Clerk of Humboldt County on March 23, 2017 KELLY E. SANDERS Humboldt County Clerk By: aa, Deputy Clerk

4/6, 4/13, 4/20, 4/27 (17-081)

FICTITIOUS BUSINESS NAME STATEMENT 17-00177

The following person is doing Business as **LUNA FARM** Humboldt 2560 Patterson Lane Willow Creek, CA 95573 PO Box 184 Willow Creek, CA 95573 **Frederic Diekmeyer** 2560 Patterson Lane Willow Creek, CA 95573 **Amy P Diekmeyer** 2560 Patterson Lane Willow Creek, CA 95573

The business is conducted by A Married Couple. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s/ Frederic Diekmeyer, Owner This statement was filed with the County Clerk of Humboldt County on March 27, 2017 KELLY E. SANDERS Humboldt County Clerk By: SC, Deputy Clerk

3/30, 4/6, 4/13, 4/20 (17-075)

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Garfield School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Supply, Install and Commissioning of five Mini-Split Heat Pumps Project ("Project") up to, but not later than, 3 p.m., on Tuesday, May 9, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of Greenway Partners, located at 1385 8th Street, in Arcata, California 95521.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Garfield School District, County of Humboldt, California, and may be obtained by licensed contractors for free. Electronic copies of the Contract Documents can also be obtained from the Humboldt Builders Exchange (<http://www.humbx.com/>) or by emailing the Project Engineer (Nathan Sanger at sanger@greenwaypartners.net).
3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.
4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contactor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
8. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.
9. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
10. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: C-20 Warm-Air Heating, Ventilating and Air-Conditioning Contractor.
11. A non-mandatory bidders' conference will be held at Garfield School on Thursday, April 27, 2017 at 10:00 a.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

GARFIELD SCHOOL DISTRICT
By: Michael Quinlan (District Superintendent)
DATED: April 17, 2017
Publication Dates: 1) 04/20/217 2) 04/27/2017.

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Blue Lake School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Supply, Install and Commissioning of a Grid-Tied, 23.1 kW, Solar PV System Project ("Project") up to, but not later than, 3 p.m., on Tuesday, May 9, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of Greenway Partners, located at 1385 8th Street, in Arcata, California 95521.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Blue Lake School District, County of Humboldt, California, and may be obtained by licensed contractors for free. Electronic copies of the Contract Documents can also be obtained from the Humboldt Builders Exchange (<http://www.humbx.com/>) or by emailing the Project Engineer (Nathan Sanger at sanger@greenwaypartners.net).
3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.
4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contactor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
8. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.
9. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
10. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: C-46 Solar Contractor License or a C-10 Electrical Contractors License.
11. A non-mandatory bidders' conference will be held at Blue Lake School on Thursday, April 27, 2017 at 8:00 a.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

BLUE LAKE SCHOOL DISTRICT
By: Paula Wyant (District Superintendent)
DATED: April 17, 2017
Publication Dates: 1) 04/20/217 2) 04/27/2017.

NOTICE INVITING BIDS

1. Notice is hereby given that the Governing Board of the Freshwater School District School District ("District"), of the County of Humboldt, State of California, will receive sealed bids for the Supply, Install and Commissioning of a Grid-Tied, 18.15 kW, Solar PV System Project ("Project") up to, but not later than, 3 p.m., on Monday, May 8, 2017, and will thereafter publicly open and read aloud the bids. All bids shall be received at the office of Greenway Partners, located at 1385 8th Street, in Arcata, California 95521.
2. Each bid shall be completed on the Bid Proposal Form included in the Contract Documents, and must conform and be fully responsive to this invitation, the plans and specifications and all other Contract Documents. Copies of the Contract Documents are available for examination at the office of the Freshwater School District, County of Humboldt, California, and may be obtained by licensed contractors for free. Electronic copies of the Contract Documents can also be obtained from the Humboldt Builders Exchange (<http://www.humbx.com/>) or by emailing the Project Engineer (Nathan Sanger at sanger@greenwaypartners.net).
3. Each bid shall be accompanied by cash, a cashier's or certified check, or a bidder's bond executed by a surety licensed to do business in the State of California as a surety, made payable to the District, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as a guarantee that the bidder to whom the contract is awarded will execute the Contract Documents and will provide the required payment and performance bonds and insurance certificates within ten (10) days after the notification of the award of the Contract.
4. The successful bidder shall comply with the provisions of the Labor Code pertaining to payment of the generally prevailing rate of wages and apprenticeships or other training programs. The Department of Industrial Relations has made available the general prevailing rate of per diem wages in the locality in which the work is to be performed for each craft, classification or type of worker needed to execute the Contract, including employer payments for health and welfare, pension, vacation, apprenticeship and similar purposes. Copies of these prevailing rates are available to any interested party upon request and are online at <http://www.dir.ca.gov/DLSR>. The Contractor and all Subcontractors shall pay not less than the specified rates to all workers employed by them in the execution of the Contract. It is the Contractor's responsibility to determine any rate change.
5. The schedule of per diem wages is based upon a working day of eight hours. The rate for holiday and overtime work shall be at least time and one half.
6. The substitution of appropriate securities in lieu of retention amounts from progress payments in accordance with Public Contract Code §22300 is permitted.
7. Pursuant to Public Contract Code §4104, each bid shall include the name and location of the place of business of each subcontractor who shall perform work or service or fabricate or install work for the contractor in excess of one-half of one percent (1/2 of 1%) of the bid price. The bid shall describe the type of the work to be performed by each listed subcontractor.
8. Minority, women, and disabled veteran contractors are encouraged to submit bids. This bid is not subject to Disabled Veteran Business Enterprise requirements.
9. The project is subject to compliance monitoring and enforcement by the California Department of Industrial Relations. In accordance with SB 854, all bidders, contractors and subcontractors working at the site shall be duly registered with the Department of Industrial Relations at time of bid opening and at all relevant times. Proof of registration shall be provided as to all such contractors prior to the commencement of any work.
10. Each bidder shall possess at the time the bid is awarded the following classification(s) of California State Contractor's license: C-46 Solar Contractor License or a C-10 Electrical Contractors License.
11. A non-mandatory bidders' conference will be held at Freshwater School on Tuesday, April 25, 2017 at 8:00 a.m. for the purpose of acquainting all prospective bidders with the Contract Documents and the Project site.

FRESHWATER SCHOOL DISTRICT

By: Si Talty (District Superintendent)

DATED: April 13, 2017

Publication Dates: 1) 04/13/2017 2) 04/20/2017.

FIRST 5 HUMBOLDT IS HOLDING PUBLIC HEARINGS FOR THE STRATEGIC PLAN 2016-2020, AND THE FIRST 5 CALIFORNIA ANNUAL REPORT FOR FISCAL YEAR 2015-16.

The public hearing for the FIRST 5 CALIFORNIA Annual Report for Fiscal Year 2015/16 will be on Monday, April 24, 2017 from 3-4 pm, in the FIRST 5 HUMBOLDT conference room at 525 Second Street, Suite 203. The report can be viewed at http://www.cfca.ca.gov/pdf/annual_report_pdfs/Annual_Report_15-16.pdf.

The public hearing for FIRST 5 HUMBOLDT's Strategic Plan 2016-2020 will be on Monday, April 24, 2017 from 4-5 pm in the FIRST 5 HUMBOLDT conference room at 525 Second Street, Suite 203. The Strategic Plan 2016-2020 can be viewed at www.first5humboldt.org.

The public is invited to attend.

For more information about FIRST 5 HUMBOLDT, visit our website at www.first5humboldt.org or call our office at (707) 445-7389.

NOTICE OF RIGHT TO CLAIM EXCESS PROCEEDS FROM THE SALE OF TAX-DEFAULTED PROPERTY

Made pursuant to Section 4676, Revenue and Taxation Code

Excess proceeds have resulted from the sale of tax-defaulted property on March 17th-March 20th 2017, listed below. Parties of interest, as defined by California Revenue and Taxation Code Section 4675, are entitled to claim the excess proceeds.

All claims must be in writing and must contain sufficient information and proof to establish a claimant's right to all or any part of the excess proceeds. Claims filed with the county more than one year after recordation of the tax collector's deed to the purchaser on April 13, 2017 cannot be considered.

ASSESSMENT NO.	ADDRESS/LOCATION	EXCESS PROCEEDS
109-031-056-000	491 Beach Rd, Shelter Cove	\$9120.88
109-041-031-000	477 Beach Rd, Shelter Cove	\$1394.01
109-121-042-000	78 Woodchuck Ct, Shelter Cove	\$4608.06
109-131-027-000	115 Wolverine Way, Shelter Cove	\$170.52
109-271-003-000	36 Cedarwood Ct, Shelter Cove	\$621.99
109-271-029-000	353 Cedarwood Ct, Shelter Cove	\$5020.17
109-301-038-000	49 Beach Rd, Shelter Cove	\$5138.89
110-051-012-000	2925 Toth Rd, Shelter Cove	\$3496.45
110-051-013-000	2933 Toth Rd, Shelter Cove	\$1406.14
110-251-038-000	634 Blueridge Rd, Shelter Cove	\$5401.18
110-261-020-000	1191 Toth Rd, Shelter Cove	\$701.26
110-291-041-000	68 Murphy Rd, Shelter Cove	\$508.26
111-012-023-000	737 Redwood Rd, Shelter Cove	\$4131.41
111-203-002-000	177 Bambi Dr, Shelter Cove	\$3162.20
111-241-033-000	48 Ocean View Rd, Shelter Cove	\$5564.89
311-041-031-000	8165 Elk River Rd, Eureka	\$31,844.10
401-262-002-000	2587 Lincoln Ave, Samoa	\$11,913.95
503-401-035-000	no situs, Arcata	\$8301.80
510-371-055-000	no situs, McKinleyville	\$14,732.81
524-082-011-000	no situs, Willow Creek	\$3905.26
525-201-060-000	no situs, Hoopa	\$22,907.81
533-061-003-000	no situs, Martins Ferry	\$12,855.37
533-063-023-000	no situs	\$40,373.43
534-211-012-000	no situs	\$6060.62

Claim forms and information regarding filing procedures may be obtained at the Humboldt County Tax Collector's Office, 825 5th Street, Room 125, Eureka, CA 95501 or by calling (707) 476-2450 or toll free (877) 448-6829 between 8:30 am-Noon and 1:00pm-5:00pm, Monday through Friday.

CITY OF FORTUNA PUBLIC NOTICE CITY TO PERFORM "SMOKE TESTING" ON SANITARY SEWER SYSTEM

The City of Fortuna will be performing "Smoke Testing" on the city's sanitary sewer system April 24th through 28th in the following areas: North of Main St. east of 9th St. to Sunny Hts. Road, Newel Dr. and Scenic Dr. Stillman Way, Ash St. and Beech St. 12th St. south of Fortuna High School including Loni Dr. to Newburg, Newburg from 12th St. to Fortuna Blvd including Spring St. and all cross streets on Spring St.

If you receive a small postcard in the mail, it is to inform you that the "Smoke Testing" survey will be conducted in your area. If you live in the areas listed previously and did not receive a postcard you can contact the Public Works Department Hotline to confirm if testing will or will not be in your area.

The smoke testing project is part of the City's requirements in the Sanitary Sewer Management Plan (SSMP). This procedure also helps to locate possible leaks, breaks, and defects in the sewer system. The information gained from the testing will be used to improve the quality of your wastewater collection system.

The City takes the time to notify the general public because the smoke can be mistaken as a fire when smoke vents out through commercial or residential sewer vent pipes on their roof or even in their yard. Fortuna Police and Fire Departments are aware of the areas and the daily schedule for the smoke testing activities. Testing will occur between the hours **9:00 AM and 3:00 PM**.

City crews may need access to easements of the sewer lines and manholes. Those affected should not park in front of easements or over manholes if avoidable. Homeowners do not need to be home and at no time will field crews have to enter a home or business.

WHAT TO EXPECT

You may observe smoke coming from vent stacks on houses or holes in the ground. The smoke is harmless, has little odor, and creates no fire hazard. The smoke should not enter your home unless you have defective plumbing.

If the harmless smoke should enter your home through faulty plumbing, the potential exists for dangerous sewer gases to enter your home or business also. Should the smoke enter your home or business, contact the City's Public Works hotline at 725-1426. A crew member can check the sewer lines around your home or business to possibly determine the source of the smoke and it will be the customer's responsibility to contact a plumber to make the necessary repairs. Photographs will be taken of leaks occurring in the system.

For special assistance or more information, you may contact the Public Works Hotline at (707) 725-1426. Staff will return your call as quickly as possible.

Megan Wilbanks
Deputy City Clerk
04/17/2017

We Print Obituaries

Submit information via email to
classified@northcoastjournal.com, or by mail or in person.

Please submit photos in JPG or PDF format, or
original photos can be scanned at our office.

The *North Coast Journal* prints each Thursday, 52 times
a year. Deadline for obituary information is at 5 p.m. on
the Sunday prior to publication date.

North Coast
Journal
of Politics, People and Art

310 F STREET, EUREKA

(707) 442-1400

FAX (707) 442-1401

FICTITIOUS BUSINESS NAME
STATEMENT 17-00168

The following person is doing Business as
FORBES & ASSOCIATES – TRACY HELARD-SHUMARD
Humboldt
1807 Central Ave
McKinleyville, CA 95519
Tracy L. Helard-Shumard
4747 Aster Ave
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Tracy Helard-Shumard, Broker/ Owner
This statement was filed with the County Clerk of Humboldt County on March 22, 2017
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

3/30, 4/6, 4/13, 4/20 (17-073)

FICTITIOUS BUSINESS NAME
STATEMENT 17-00205

The following person is doing Business as
RYAN FILGAS PHOTOGRAPHY
Humboldt
2325 Cobblestone Apt 64
McKinleyville, CA 95519
Ryan A Filgas
2325 Cobblestone Apt 64
McKinleyville, CA 95519

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Ryan A Filgas, An Individual
This statement was filed with the County Clerk of Humboldt County on March 7, 2017
KELLY E. SANDERS
Humboldt County Clerk
By: sc, Deputy Clerk

4/13, 4/20, 4/27, 5/4 (17-084)

LEGALS?
442-1400 x305
classified@northcoastjournal.com

FICTITIOUS BUSINESS NAME
STATEMENT 17-00190

The following person is doing Business as
NORTHTOWN COFFEE
Humboldt
1603 G Street
Arcata, CA 95521
Sunshine Unlimited, LLC
CA 201324110290
1603 G Street
Arcata, CA 95521

The business is conducted by A Limited Liability Company.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Serg Mihaylo, CEO
This statement was filed with the County Clerk of Humboldt County on March 30, 2017
KELLY E. SANDERS
Humboldt County Clerk
By: aa, Deputy Clerk

4/6, 4/13, 4/20, 4/27 (17-080)

FICTITIOUS BUSINESS NAME
STATEMENT 17-00214

The following person is doing Business as
HUMBLE HONEY
Humboldt
870 G Street
Arcata, CA 95521
Katie R Wiley
2047 Makia Court
Arcata, CA 95521

The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Katie R Wiley, Owner
This statement was filed with the County Clerk of Humboldt County on April 13, 2017
KELLY E. SANDERS
Humboldt County Clerk
By: gw, Deputy Clerk

4/20, 4/27, 5/4, 5/11 (17-091)

County Public Notices
Fictitious Business
Petition to
Administer Estate
Trustee Sale
Other Public Notices

STATEMENT OF
ABANDONMENT OF USE OF
FICTITIOUS BUSINESS NAME
FILE NO. 16-00007

The following person have abandoned the use of the fictitious business name
LULA ROE LILIN PAMELLA
361 GARLAND AVE
FORTUNA, CA 95540

The fictitious business name was filed in HUMBOLDT County on January 5, 2016
Pamella K Garvin
361 Garland Ave Fortuna, CA 95540
Lilium M Maniaci 3427 Church St Fortuna, CA 95540
This business was conducted by: A General Partnership
/s/ Pamela k Garvin, Partner
This state was filed with the HUMBOLDT County Clerk on the date April 14, 2017
I hereby certify that this copy is true and correct copy of the original statement on file in my office
Kelly E. Sanders
s/ lh, Deputy Clerk
Humboldt County Clerk

4/20, 4/27, 5/4, 5/11 (17-092)

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME
KATHERINE POWELL
CASE NO. CV170210
SUPERIOR COURT OF
CALIFORNIA, COUNTY OF
HUMBOLDT 825 FIFTH ST.
EUREKA, CA. 95501

PETITION OF:
KATHERINE POWELL
TO ALL INTERESTED PERSONS:
Petitioner: KATHERINE POWELL

for a decree changing names as follows:
Present name
KATHERINE POWELL
to Proposed Name
KATHERINE ZAJACZKOWSKI

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: May 5, 2017
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: March 22, 2017
Filed: March 24, 2017
/s/ Timothy P. Cissna
Judge of the Superior Court

4/13, 4/20, 4/27, 5/4 (17-085)

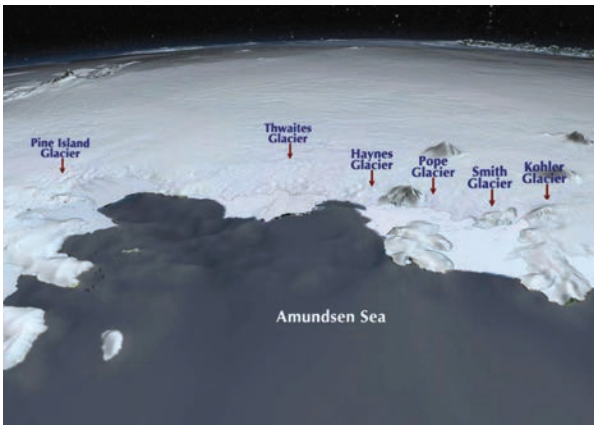
Field Notes

Bad
Sea
Rising

Part 2 of 2

By Barry Evans

fieldnotes@northcoastjournal.com



The Amundsen sea embayment is the Achilles' heel of West Antarctica, where warm water is increasingly seeping under ice shelves. The Smith glacier lost 1,000-1,500 feet of ice from its underbelly between 2002 and 2009.

Photo by NASA

Last week, we looked at predictions for Global Sea Level Rise, GSLR, which average out to between 3 and 8 feet by 2100. The scientific consensus is that all contributions to GSLR can be traced back to increasing air temperatures, caused by the release of vast amounts of carbon dioxide from burning fossil fuels. Carrying on:

What's the role of Antarctica
and Greenland in GSLR?

Between them, the Antarctica and Greenland ice sheets contain more than 99 percent of the freshwater ice on Earth. If all 7 million cubic miles of ice in Antarctica melted, sea levels would rise about 200 feet. For Greenland, the rise would be about 20 feet.

Is that likely to happen?

The bulk of Antarctica's ice lies on the high East Antarctic plateau, where the ice has an average thickness of about 7,000 feet. At this time, it looks relatively stable and may even be growing, since warmer oceans lead to greater evaporation and higher snowfalls. Of more immediate concern is the lower elevation West Antarctic peninsula and Greenland, where net outflows of fresh water into the world's oceans are occurring.

So what's happening
in West Antarctica?

This region is Earth's canary in the coalmine because the air temperature there is rising faster than anywhere else: nearly five degrees Fahrenheit since 1960. Many glaciers or "ice streams" flow out from the peninsula, becoming free-floating ice shelves as they reach the ocean. Rising air temperatures lead to warmer seawater, which increasingly seeps under the West Antarctic ice shelves. The mechanism is self-reinforcing: The more the undersides of the shelves erode and

melt, the more ice is exposed to warm water and the more melting occurs. As the biggest unknown in future GSLR, the fate of the West Antarctic ice shelves is the area climatologists are most concerned about. If the whole of the Amundsen Sea sector (see photo) were to melt — a real possibility given the latest data — global sea level would rise by about 4 feet.

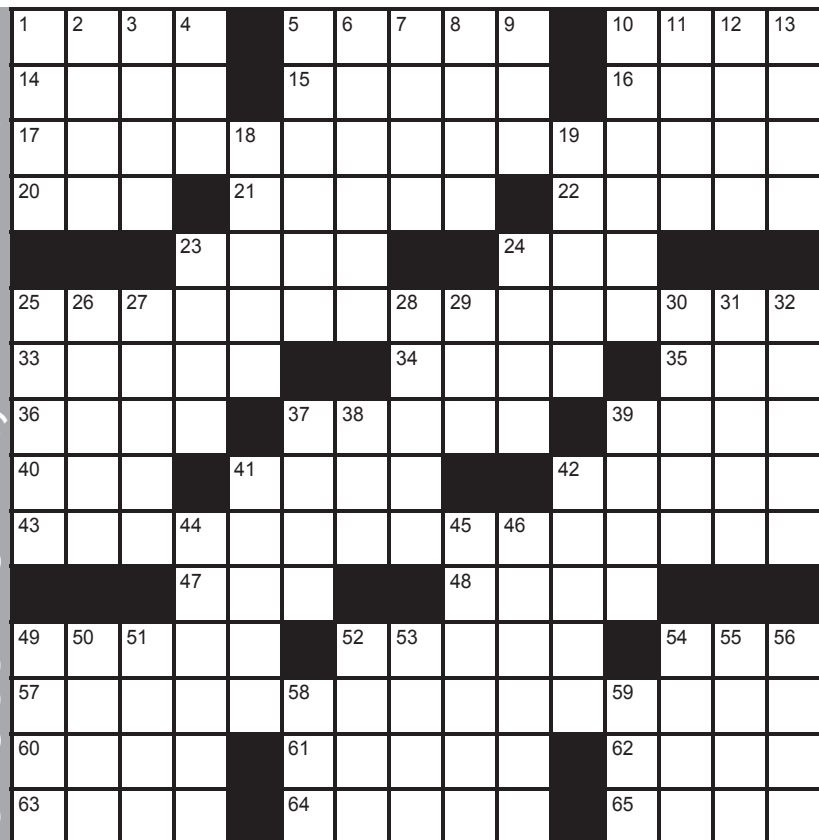
What about Greenland?

Partial deglaciation, as it's called, is well documented in Greenland, where scientists have access to better data than in Antarctica, in terms of both history and accuracy. We know that the overall ice mass in Greenland is declining; for instance, between 1979 and 2006, summer melt increased by 30 percent over previous years, with a new record set in 2007. Of particular concern is the huge Jakobshaven glacier, which alone drains nearly 20 percent of all ice flowing from the interior to the sea. The Jakobshaven is currently retreating faster than any other glacier on Earth. During the last 10 years, it's lost 300 billion tons of ice, the equivalent of 11 years of normal Greenland snowfall. In a single dramatic incident two years ago — August of 2015 — it split off a chunk of ice that could cover Manhattan to a depth of 1,000 feet.

Conclusion

Even though it's difficult to make firm predictions, the takeaway from all this is that sea levels will continue to rise ever faster. With over 99 percent of climatologists convinced that humans are responsible for global warming, it behooves us to stand by the 2015 Paris climate accord by curbing our greenhouse gas emissions. The alternative is to condemn those who come after us to the consequences of our shortsighted inaction. ●

Barry Evans (barryevans9@yahoo.com)
sometimes wishes he could be the bearer
of good news.



RODEO

ANSWERS NEXT WEEK!

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ACROSS

1. Copier malfunctions
5. "___ be seeing things"
10. NYC home of Magrittes and Matisses
14. Treat since 1912
15. One of the Obamas
16. Scientist Pavlov
17. Toiletry made by a prominent toy company?
20. Sports org. whose annual Latin Nights program features games played by teams like Los Bulls and El Heat
21. In different places
22. Gobs
23. Small matter?
24. Uber calculation, briefly
25. Give people reason not to believe?
33. Dined watching Netflix, say
34. Like some Crayola crayons
35. Actress Issa ___ of "The Misadventures of Awkward Black Girl"
36. "Waiting to Exhale" actress Rochon
37. Underworld figure
39. Venom conduit
40. Roth ___
41. Digging
42. Nutso
43. Old-fashioned music hall that needs a lot of work?
47. Seasonal quaff
48. "Going, going, ___!"
49. Like Audubon's subjects
52. Transition
54. Channel that airs "Portlandia"
57. "I have some experience with this" ... or an apt description of 57-Across after solving 17-, 25-, or 43-Across
60. Get bored (of)
61. Fully extended, as a ballerina
62. Information ___
63. Short pastoral piece
64. Ceaselessly
65. Appointment

DOWN

1. Legend of music
2. ___ Spring (2010s movement)
3. Grand Canyon sight
4. [I'm devastated!]
5. 14-legged crustacean
6. "___ Bovary"
7. Exploitative sort
8. Drink to throw back
9. Modicum
10. Singer Makeba
11. Like the heads of many hairbrushes
12. Equestrian's handhold
13. Pantry problem
18. Betray
19. Choose to participate
23. Met solo
24. Harrow and Radley rival
25. Where the San Andreas Fault is: Abbr.
26. "SNL" alum Cheri, whose last name rhymes with her first
27. "It was just a joke!"
28. In first place
29. Shepherd's pie bit
30. Steamed
31. ___ Domingo
32. Newswoman Kelly who wrote the 2016 bestseller "Settle for More"
37. Figure-hugging
38. Org. for Nadal and Federer
39. Lose vibrancy
41. It may be dramatic
42. Stupid mistake
44. Protective tooth layer
45. Spurs
46. Like some mail or traffic
49. Not a fan of
50. Null and ___
51. Reply that's a bit of a humblebrag
52. ___ Fein (Irish political group)
53. Art Deco designer of the 1920s and '30s
54. It comes to a head
55. Suffix with Oktober or Ozz
56. An ad for it concludes the series finale of "Mad Men"
58. Rock's ___ Fighters
59. Peculiar

LAST WEEK'S ANSWERS TO NOD SCHOOL

E	S	C	K	Y	L	O	G	R	A	I	L	S
C	H	O	L	A	I	N	O	A	K	T	A	G
O	E	N	E	L	S	A	O	A	R	I	S	I
N	I	C	K	E	L	A	N	D	D	I	N	O
O	L	E	O	I	T	N	P	S	I			
M	A	I	D	E	N	N	A	N	O	L	E	E
Y	E	T	L	E	O	S	J	O	N	Z	E	
			N	O	D	S	C	H	O	O	L	
A	S	P	E	N	A	B	L	E	T	O	P	
S	T	E	T	N	O	N	O	A	L	A	S	K
P	E	T	I	L	L	W	H	I	R			
	P	U	T	M	E	D	O	W	N	A	S	A
C	O	L	A	D	A	L	I	A	M	P	A	L
A	N	I	M	U	S	E	N	V	Y	E	W	E
T	E	A	S	E	T	S	K	Y	S	D	A	D

su | do | ku

© Puzzles by Pappocom

EASY #75

	7	5		8		1	9	
8								5
6			5		9			2
		3	8		1	9		
	4						7	
		6	2		7	4		
4			9		5			8
9								7
	3	7		2		6	4	

www.sudoku.com

Employment

Opportunities

AMERICAN STAR
PRIVATE SECURITY

Is Now Hiring. Clean record.
Drivers license required. Must
own vehicle. Apply at
922 E Street, Suite A, Eureka
(707) 476-9262.

HOME CAREGIVERS PT/FT

Non-medical
caregivers to assist
elderly in their homes.
Top hourly wages.
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LOCAL DRIVERS WANTED! Be
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The Northern California
Community Blood Bank
seeks a licensed Clinical
Laboratory Scientist for
immunohematology and
processing/testing of blood
products. Contact Adam
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- Nursing Care
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- Nutritious Hot Meals
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- Socialization/Companionship
- Transportation to and from Adult Day Center

Now Accepting Patients



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www.adhcmadriver.org

Hiring?

442-1400 x305
northcoastjournal.com

YUROK TRIBE JOB OPENINGS

For information www.yuroktribe.org,
hr@yuroktribe.nsn.us or 707-482-1350

#0773 FORESTRY DIRECTOR

RG/FT KLAMATH \$72,999-94,898 OUF

#0835 WILDLAND FIRE COORDINATOR

RG/FT TULLEY CREEK \$55,435-79,173 OUF

#0839 HEAD START TEACHER

RG/FT KLAMATH \$20.23-26.30 OUF

#0863 HEAD START YUROK LANGUAGE TEACHER AIDE

RG/FT KLAMATH \$14.60-18.99 OUF

#0865 ACCOUNTANT III

RG/FT KLAMATH \$55,435-72,068 OUF

#0874 FISH TECHNICIAN II

RG/FT WEAVERVILLE \$14.22-20.69 4/21/17

#0880 FORESTER

RG/FT KLAMATH \$50,337-65,434 OUF

#0886 FINANCE DIRECTOR

RG/FT KLAMATH \$86,806-NEG OUF

#0898 PLANNER IV

RG/FT KLAMATH \$50,337 4/17/17

#0900 HEAD START TEACHER AIDE

RG/FT KLAMATH \$13.01-18.99 4/24/17

#0901 EARLY HEAD START TEACHER AIDE

RG/FT KLAMATH \$13.01-18.99 4/24/17

#0902 ARCHIVE TECHNICIAN

RG/FT KLAMATH \$14.22-20.69 4/28/17



Explore Opportunities at North Coast Co-op!

We are hiring for the following positions:

- Facilities Manager
- Sustainability Coordinator
- Maintenance Clerk
- Administrative Assistant
- Deli Clerks
- Deli Cooks
- Deli SR Clerks
- Cashiers

Application FAQs

How do I apply for a job at North Coast Co-op?

The best (and easiest!) way to apply for a job is through our online application. Please fill it out in its entirety and attach any relevant documents. We will review your application and we will be in touch if you have been selected for an interview.

Where can I get an application?

Visit our Job Application page.

Check out our website for current openings at www.northcoast.coop/about_us/careers/



NURSES NEEDED

We are looking for team-oriented individuals to coordinate care for patients in collaboration with an interdisciplinary team and under physician's orders. Full-time, 3/4-time, and per diem options available. We offer outstanding benefits, competitive wages, and professional growth opportunities. Current California RN license and graduation from an accredited nursing program required.

Visit www.hospiceofhumboldt.org or call 707-445-8443 for more information.



Redwood Coast Regional Center

Be a part of a great team!

MEDICAID WAIVER COORDINATOR

FT in Eureka, CA. Reviews, maintains oversight and recertification for persons identified in the HCBS Medicaid and 1915(i) waivers. Applicant needs minimum of 3 years working with persons with a diagnosis of intellectual disability. Sal range begins \$3651/mo + exc. bene.

Requires a BA in human svcs OR lic PT, OT, speech path, RN, rehab counselor.

To apply go to www.redwoodcoastrc.org. Closes 4/17/17 or until filled. EOE

North Coast Journal

of Politics, People and Art

NOW HIRING F/T SALES REPRESENTATIVES

The North Coast Journal is seeking motivated individuals eager to develop and manage sales programs across print, web and mobile platforms.

BASE SALARY, COMMISSION PLUS BENEFITS

Email resume to melissa@northcoastjournal.com



K'ima:w Medical Center

an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:

MENTAL HEALTH CLINICIAN (LMFT OR LCSW)

**OUTREACH & PREVENTION
SUBSTANCE ABUSE COUNSELOR**

SOBER LIVING OPERATIONS CASE MANAGER

PHYSICIAN

DENTIST

**DOMESTIC VIOLENCE PREVENTION
COORDINATOR**

PHYSICIAN ASSISTANT

LICENSED VOCATIONAL NURSE

NURSE MANAGER

BENEFITS CLERK

FAMILY NURSE PRACTITIONER

MEDICAL ASSISTANT

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call 530-625-4261 or email: hr.kmc@kimaw.org for a job description and application. Resume and CV are not accepted without a signed application.



**The Fabulous Tip Top
Gentleman's Club
is seeking:
Driver/
Security**

Part time driver and security (primarily Thurs through Sat) late hours, escort entertainers and customers. **Required:** 25 Years or older; able to stand for long hours, interact comfortably with the public valid CA Driver's License, clean driving record and background check. **Compensation:** Hourly rate plus tips commensurate with experience and security experience.

Assistant Manager/Host

Do you like to throw parties? Looking for male or female Assistant Manager and Host to help oversee many different of aspects running a night club including but not limited to security, hosting, hospitality and surveillance. This position can be very exciting especially with our New Night Club, Club Expression. We will be hosting wide range of talent including Celebrity DJs, Musicians, Ariel Performers and many more. **Required:** 21 years or older and a background check. Successful candidate must be willing to stand for long hours and interact with patrons patiently and respectfully.

Experience is NOT required but preferred.

Compensation: Hourly rate plus tips commensurate with experience and security abilities.

To Apply:

Send resume and cover letter to info@fabuloustiptop.com or drop off in person. PLEASE DO NOT CALL THE CLUB



Come join Mad River Community Hospital and enjoy the satisfaction of working with a team.

Yes, you can be happy at work...here.

If you have to work, why not do so with some of the best in the business. We are looking to hire **Controller, Part-time Physician Recruiter, Radiology Secretary** and other positions.

Look on our web site for openings:
www.madriverhospital.com

RCHDC

Rural Communities Housing Development Corporation

Rural Communities Housing Development Corporation, a Non-profit housing corporation is seeking a

ON-SITE MAINTENANCE (Fortuna)

We're looking for enthusiastic, compassionate people interested in helping us build strong and healthy resident communities.

Our On-Site Maintenance Supervisor must have excellent people, communications and have computer skills. The ideal candidate should have general maintenance skills, be a self-starting team player who is able to work with little supervision.

Property management maintenance experience is preferred, however we will train the right person; compensation \$30,000 to \$40,000 including hourly pay, health insurance, paid holidays, free housing and utilities, and 401K.

Applications available www.rchdc.org or call: (707) 463-1975, ext 120

Redwoods Rural Health Center

Registered Dental Assistant

Redwoods Rural Health Center (RRHC) is seeking a full-time Registered Dental Assistant to join our fast-paced and friendly health center. Performs a variety of back office duties, including chair side assisting, sterilization, x-rays, and child sealants. Must be able to work in a fast-paced environment that requires managing multiple tasks simultaneously.

Interested parties are encouraged to complete the employment application at www.rrhc.org.

You can also apply in-person at **Redwoods Rural Health Center, 101 West Coast Rd., Redway, CA** or contact Barb Taylor at 923-4313 ext. 327.

RRHC is an EOE and offers a four day work week with competitive compensation and benefit packages.





Looking for fun and friendly people to fill a variety of positions.

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Line Cook, Dishwasher, Short-Order Cook, Server & More!

Visit www.bluelakecasino.com and apply now. Visit our website to see additional job listings and learn more about the company.



CITY OF ARCATA BUILDING OFFICIAL

\$61,538.58-\$74,800.53/yr.

Applications reviewed on an ongoing basis, position is open until filled.

Plans, organizes, manages, and coordinates full scope of Building Division activities; ICC or IAPMO certifications required. EOE.

Application packet available at:
www.cityofarcata.org or City Manager's Office, 736 F Street, Arcata; (707) 822-5953.



Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full- and part-time time openings. Take

a look at the job descriptions on our website at **www.changingtidesfs.org**.

MENTAL HEALTH SUPPORT SPECIALIST

Fulltime and intermittent positions available. This position provides support to children, youth and families in a variety of settings including home, school, and community; provides 1:1 behavior coaching in a home, school or community setting; provides referral and linkage to community resources; provides parent education and support as directed. \$18.00/hour plus mileage reimbursement. **Open until filled**

Additional requirements for all positions listed: Must be able to pass DOJ/FBI criminal history fingerprint clearance and possess a valid CDL, current automobile insurance, and a vehicle for work

Benefits for fulltime positions include paid vacation/sick leave, holidays, paid insurance, and 401k retirement plan.

Application and job description available at **www.changingtidesfs.org**. Please submit letter of interest, resume, and application to Nanda Prato, Human Resource Director, at nprato@changingtidesfs.org or via U.S. mail to: 2259 Myrtle Avenue, Eureka, CA 95501. EOE



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Please submit your resume to GHD's careers website if interested: www.ghd.com/global/careers-1/opportunities/



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Submit applications to:

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For addtl info & application please call **707-822-7206** or visit our website at **www.ncsheadstart.org**



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SUPPORT STAFF/ RECEPTIONIST

FT Eureka, CA Clerical/Recpt for non-profit agency. HS grad or equiv + 1 yrs. pd clerical exp. Typing/keyboard cert. for 45 wpm net-required. Sal. range \$1940- \$2730/mo +exc bene.

Go to www.redwoodcoastrc.org. for info, forms & instructions. **Closes 4-24-17 at 5PM. EOE**



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FT in Eureka, CA. Advocating & coord. services for Adults w/dev & intellectual disabilities. Requires MA or BA w/exp in human services or related field. Salary range \$3164-\$4452/mo. Exc. bene.

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To apply go to www.redwoodcoastrc.org.
Open until filled. EOE



United Indian Health Services, Inc.

Application Deadline: April 23, 2017

Garden Technician

Assists with the operation of the Potawot Community Food Garden and the promotion of gardening in UIHS communities. Arcata-Part Time

Clinical Nurse

Utilizes the nursing process to provide appropriate and culturally sensitive care to UIHS clients. Crescent City/Arcata-Full Time/Per Diem

Clinical Operations Director

Provides general management for all operational aspects of ambulatory care, insures integration of services and compliance with long range objectives and strategies. Arcata-Full Time

Dentist

Provides professional dental care services to the American Indian Community. Del Norte/Humboldt Counties-Full Time

Dental Site Supervisor

Coordinates clinical activities under the direction of the Dental Director and Dental Services Manager. Fortuna-Full Time

Dental Assistant

Works directly with the healthcare team to provide quality oral healthcare for United Indian Health Services (UIHS) clients. Fortuna-Full Time

Electronic Health Records Developer (Report Writer)

Analyzes data and designs reports, graphs, and charts in support of clinical, business, and grant requirements using the Electronic Health Record and Practice Management databases. Arcata-Full Time

Dental Hygienist

Provides general preventative dental care designed to preserve teeth and prevent the spread of oral disease. Fortuna-Full Time

Diabetes Program Manager

Manages the Diabetes Program including planning, developing, implementing, by evaluating community based diabetes management and prevention programs; supervises staff assigned to the section. Arcata-Full Time

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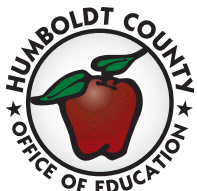
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